Department of the Navy Civilian Employee Assistance Program - DONCEAP

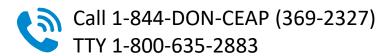


Key features

- Provided at no cost to you and your household members
- Completely confidential services provided by a third party
- Available 24/7/365

Get started today!













Programs

- Coaching create a plan of action to meet your goals
- Counseling meet with a licensed professional for support with stress, anxiety, grief, substance misuse and more
- Legal assistance, financial coaching and identity theft resolution – expert consultation and online resource library
- Work-Life Services referrals to service providers and discounts on child and adult care, education, home improvement, etc.
- Online training and self-care programs improve your health and overall emotional well-being
- Manager support consult with experts on workplace topics