

WELCOME ABOARD



HEADQUARTERS BATTALION
MCAGCC
BOX 788200
TWENTYNINE PALMS, CA 922778-8200

DUTY 760.830.6806

LAST UPDATE JUL 2020

WELCOME ABOARD



Welcome to Headquarters Battalion (HQBN) Marine Air Ground Task Force Training Command (MAGTFTC), Marine Corps Air Ground Combat Center (MCAGCC), in beautiful Twentynine Palms, California. HQBN is a diverse and complex organization that provides administrative, training, and operational oversight to the Marines, Sailors, and Civilians that make this the Marine Corps' premier combined arms live-fire installation.

We have provided this Welcome Aboard package to assist you and your family in getting to know the Battalion, base, and local area. Moving and starting a new job can be stressful and the team here will support you in any way possible. Our motto is "Mission First, Marines Always" and we strive to achieve that every day.

Your sponsor is your first resource for assistance, but do not hesitate to reach out to the staff if you are not getting resolution to problems or have unanswered questions. The high desert and surrounding areas offer many opportunities for recreation, relaxation, and entertainment. Take advantage of your time here and I guarantee this will be a fun and rewarding tour. I look forward to serving with you and getting to know your family.

A handwritten signature in black ink, appearing to read "A. Martinez".

**Semper Fidelis,
LtCol Armando J Martinez
Commanding Officer**

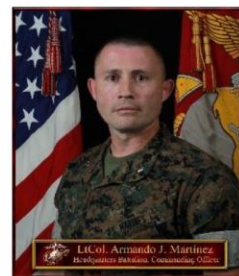
TABLE OF CONTENT

Command Philosophy	3
Unit, Personal and Family Readiness Policy Letter	4
Check In Process	5
Directory	6
Task Organization	7
S-3	8
S-4	9
Uniform Victim Advocate Poster	10
Sexual Assault Prevention and Response Policy Letter	11
Equal Opportunity Poster	12
Prohibited Activities and Conduct (PAC) Policy letter	13
Unit Readiness Coordinator Poster	14
Off-Limits Establishments	15
Exceptional Family Member Program	16
Navy-Marine Corps Relief Society	16
Voting Assistance Information	17
Medical Care Clinic Information	18
Suicide Prevention Information	19
Lifestyle, Insight, Networking, Knowledge and Skills (L.I.N.K.S)	20
Military & Family Life Counselors (MFLC)	21
Children, Youth and Teen Program Information	22
Career Resource Office Information	23
Education Center Information	23
FOCUS (Resilience Training for Families) information	24
YMCA on Base information	25
Single Marine Program	26
Outdoor Adventures MCCA	27
Joshua Tree National Park	28
MCAGCC Public Map (from MCCA)	29



COMMAND PHILOSOPHY

Genuine camaraderie is the hallmark of unit cohesion. It can only be achieved through each individual fulfilling their part while maintaining a goal of "the team" performing efficiently and effectively in the pursuit of success.



I want our team to be successful in everything we do professionally, academically, and personally. Each Marine, Sailor and Federal Civilian of Headquarters Battalion is critical to the success of our dynamic team. I expect us to remain focused on our Core Values, the mission, and the health and welfare of our unit and family members. We are accountable to uphold the highest standards and expectations set forth by the service members who have left a legacy, our senior leaders, the American public, and ourselves. To do this, we will:

Build the team... Begin with the end in mind. Focus on the mission, objectives, and the intended results of your actions. Be kind; be humble. We are diverse, and relationships are an integral part to working as a team. Collaborate with counterparts across the staff, our higher and adjacent, and your peers and mentors across the enterprise. Become a professional in your art, but understand the roles of the rest of the team, so we can leverage the work of others to complement our mission. Know who and when to ask for assistance.

Improve the team... Be creative and innovative. Think about how we can do our job better with the resources we have. Be a team player, and seek out opportunities to take initiative and implement continuous improvements. Consider risk, but do not be afraid to fail early or fail often, so we can continue to learn and improve. Explore different approaches to how we might accomplish routine tasks and always propose a solution when identifying a problem. Do not assume we have all the facts; validate our assumptions. Provide a climate that encourages change, diversity of thought, challenges the status quo, and empowers our team members at all levels to make decisions.

Hold the team accountable... Exhibit pride and take ownership. The team is stronger when we can rely on each other to be honest and trustworthy, to have integrity and make ethical decisions, and to sincerely perform to the best of our ability. Never waiver in what we know is morally right. Be customer focused, and take the extra time to consider alternatives, practice safety and sound judgement, and ensure we are providing the best service. Be fair and just in the treatment of others, and treat everyone with the respect and dignity they deserve.

Incentivize the team... Provide opportunities for team members to excel. Engaged leadership that fosters teamwork will bring out the best in individuals, but also the team as a collective. It is equally important to recognize the small accomplishments as it is to rejoice in the large feats. Encourage unity of effort, and find excitement in the success of others through our team-focused approach.

I am committed to creating an environment that allows you to grow physically, mentally, and spiritually. It is a privilege and honor to serve alongside each of you. We must work as a team in pursuit of our success. Think mission first, people always. Challenge yourself; challenge the team.

Lieutenant Colonel Armando Martinez
Commanding Officer, Headquarters Battalion
Marine Air Ground Task Force Training Command
Marine Air Ground Combat Center



UNIT, PERSONAL, AND FAMILY READINESS PROGRAM



Unit, Personal, and Family Readiness Mission Statement

Leaders at all levels of the command will provide opportunities for growth and fellowship across the team, to include communicating effectively with each other and their respective support systems, so that we foster a climate that values the individual Marine, Sailor, Federal Civilian and their family.

Readiness and resiliency are critical to any effective organization and set the foundation for **Camaraderie** and **Unit Cohesion**. The objective of this program is to support our team members and their families as they balance the challenges of the military way of life, family, education, careers, and the mission. Each individual is responsible and accountable for their personal readiness and the readiness of their families.

Basic Tenants of the UPFR Program

Communication – Keep the member and their families informed through the use of official, authorized, or unofficial communication. This will include providing information about command sponsored events and activities, as well as local events, through emails, mail or social media.

Readiness and Deployment Support – Equip members and their family with tools designed for building life skills and preparing for the unique challenges if, or when, the Marine or Sailor is deployed, on temporary duty, or otherwise away from the family and the subsequent reintegration.

Information and Referral – Ensure that services are available to, and accessible by, the members and their family, so that they can be referred to the appropriate Marine Corps Community Services program, the military resource, or the community resource that can best meet their needs.

Volunteer Management – Provide volunteer opportunities for the planning, coordinating, and execution of specific unit and family morale events to enhance the program.

I am guided by the Family Readiness Command Team, consisting of the Sergeant Major, Executive Officer, Unit Readiness Coordinator (URC), Deputy URCs, Chaplain, Single Marine Representative, Command Team Advisor, Assistants, and volunteers. In a battalion this large and diverse in mission, it is critical that we actively participate and communicate to achieve the readiness and resiliency we both desire and deserve.

You can contact the URC with ideas or to volunteer your support. Mission First, People Always!

Lieutenant Colonel Armando Martinez
Commanding Officer, Headquarters Battalion
Marine Air Ground Task Force Training Command
Marine Air Ground Combat Center

Transportation from Palm Springs Airport

The USO, located near the baggage claim, is a valuable resource but does not personally provide transportation for servicemembers. They will assist in any manner possible to find transportation from the airport to base but will not provide the transportation themselves. More info on the USO is available at <http://www.bobhopeuso.org/our-locations/palm-springs-uso.html>

Soldier Organized Service (SOS) is a volunteer group that will provide free transportation to and from MCAGCC for Marines and Sailors. Marines may make transportation reservations in advance by either calling (760) 799-5488 or going to <http://www.sosride.org> Point of contact at SOS is Erica Stone

Transportation through the Morongo Basin Transit Authority (MBTA) is also provided. There are three pick up times Monday through Thursday at Palm Springs Airport: 0750, 1010, and 1650 with an additional time of 1900 on Fri. Two pickup times on Saturday: 1200 and 1800 and only 1800 on Sunday.

Cost of MBTA is \$10 Mon-Fri (\$15 round trip) . Sat and Sun: \$20 (\$25 round trip)

Taxi Service: MCAGCC is about 55 miles from the airport, and a taxi can cost from \$150-\$175. Check with the taxi dispatcher in the front of the airport.

Check in Procedures

During Work Hours: (0730 - 1630 Mon-Fri)

USMC Officers - Officer Assignments, G-1, Bldg. 1459, Phone (760) 830-7348.

USMC Enlisted - Combat Center Personnel Office, G-1, Bldg. 14591, Phone (760) 830-7327/1800

After Work Hours: (Weekends/Holidays)

All personnel - Bldg. 1457, HQBn OOD, Phone (760) 830-6806/6506 (If no duty personnel are present, report to the OOD in Bldg/Barracks 1608); MCAGCC CDO, Bldg. 1554, Room #114A, Phone (760) 830-6157.

ENSURE YOUR ORDERS ARE ANNOTATED BY THE OOD FOR DATE AND TIME OF ARRIVAL.

Report as indicated to above NLT 0730 the next working day.

Once you receive your reporting endorsement, you will go to S-1 in building 1457, 4th Street, where you will receive your check-in sheet and a comprehensive map of the base.

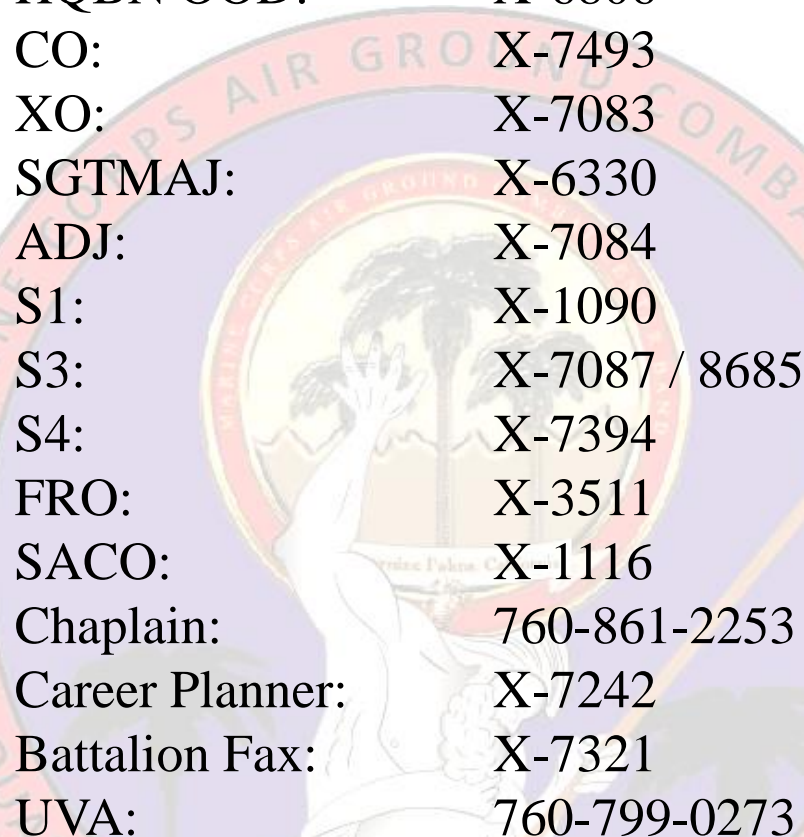
THE UNIFORM for check in is service "A"

Required Documents at Check in

- | | |
|--|---|
| ⇒All Original Orders | ⇒Certified copy Pg 3 & dependency application (Housing) |
| ⇒Receipts for travel claim | ⇒Medical Record |
| ⇒Service Record Book | ⇒Dental Record |
| ⇒Dependent information (if not currently in DEERS) | ⇒Personal Weapon Registration |
| ⇒Birth Certificate/Supporting Docs | ⇒Car Registration/Proof of Insurance |
| ⇒Marriage License/Divorce decree | |

HEADQUARTERS BATTALION DIRECTORY

All phone numbers start with:
(760) 830– XXXX

The seal of the Marine Corps Air Ground Combat Center is a large, faint watermark in the background. It is a circular emblem with a red outer ring containing the text 'MARINE CORPS AIR GROUND COMBAT CENTER' at the top and 'PALMS, CA' at the bottom. The inner circle features a white silhouette of a Marine in a combat stance, holding a rifle, with a palm tree in the background.

HQBN OOD:	X-6806
CO:	X-7493
XO:	X-7083
SGTMAJ:	X-6330
ADJ:	X-7084
S1:	X-1090
S3:	X-7087 / 8685
S4:	X-7394
FRO:	X-3511
SACO:	X-1116
Chaplain:	760-861-2253
Career Planner:	X-7242
Battalion Fax:	X-7321
UVA:	760-799-0273

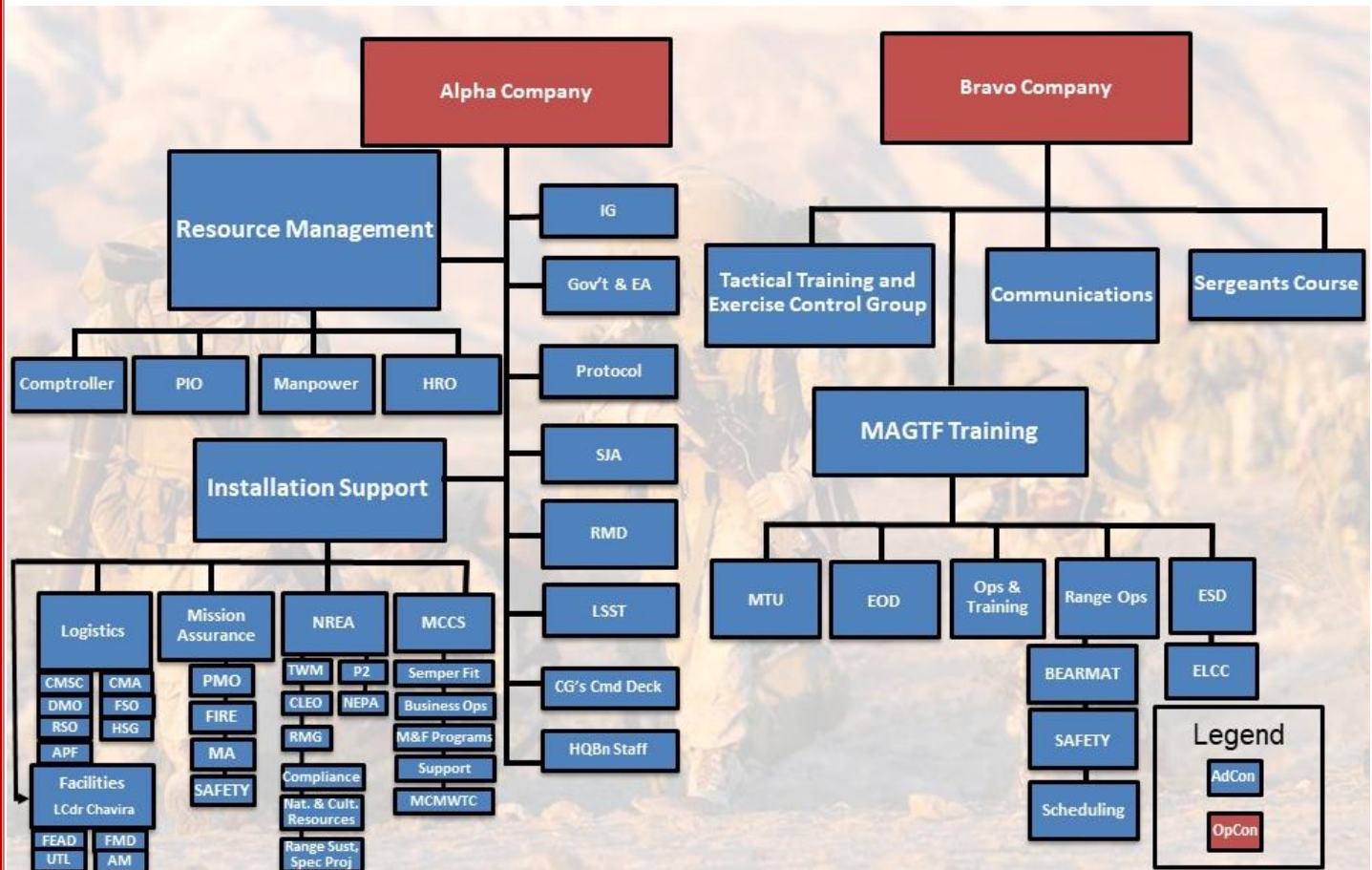
ALPHA COMPANY

Commander	X-6490
1stSgt	X-6294
GySgt	X-5418

BRAVO COMPANY

Commander	X-5413
1stSgt	X-6571
GySgt	X-4116
Clerks	X-4475

HEADQUARTERS BATTALION TASK ORGANIZATION





HEADQUARTERS BATTALION S-3 NEW JOIN ORIENTATION AND TRAINING PROGRAM



Within the first **60 days** of your arrival to Twentynine Palms, you should complete the following training requirements:

You can CLICK on each TITLE for more information

- ☐ Weigh-in (on Check-in day)
- ☐ MarineNet Training (Provide certificate upon check-in)
Cyber Awareness / PII [CYBERM000]

Monthly Training provided:

- ☐ Commanding General Welcome Aboard
- ☐ Battalion Commanding Officer Welcome Aboard
- ☐ Sexual Assault Prevention and Response (SAPR)
- ☐ Prohibited Activities and Conduct (PAC)

Leader-Led Training

- ☐ Unit Marine Awareness and Prevention Integrated Training (UMAPIT)

First Permanent Duty Station Marines ONLY

- ☐ Personal Readiness Seminar (Bldg 1526) 760-830-5955

ALL SNCOs and Officers

- ☐ Casualty Assistance Calls Officer (CACO) - Provide certificate upon check-in
- ☐ Supervisor Safety Training (Bldg 1447) 760-830-7262



HEADQUARTERS BATTALION S-4



For Medical Travel: Anything to Palm Springs and beyond please see
Mr. Hardman in the S4 office (bldg. 1457)

Barracks:

Maintenance request forms: located at the DUTY desk Brks 1608

Door Locks: red blinking light = change the batteries

Motorcycle Requirements:

BRC - The Basic Rider Course

ARC - Advanced Rider Course

(4 months after BRC)

Arrive Alive Cards:

E1 - E5 - Company Gunnery Sergeant

E-6 + - SACO or Safety Officer





United States Marine Corps



Sexual Assault Prevention & Response Program

Uniformed Victim Advocate



GySgt Popp

SGT'S SCHOOL
Building 1611

MCAGCC 29 Palms, CA

24/7 Sexual Assault Helpline

760-799-0273

UNRESTRICTED REPORTING

Allows a Marine who is sexually assaulted to report the assault and receive support, advocacy, medical treatment, and counseling...

with a law enforcement investigation & the support of the Chain of Command

For **UNRESTRICTED** reporting, you can report to:

- Uniformed Victim Advocate (UVA)
- Sexual Assault Response Coordinator (SARC)
- Chain of Command
- Law Enforcement

RESTRICTED REPORTING

Allows a Marine who is sexually assaulted to **confidentially** report the assault and receive support, medical treatment, and counseling...

without a law enforcement investigation or Chain of Command involvement

For **RESTRICTED** reporting, you **must only** report to:

- Uniformed Victim Advocate (UVA)
- Marine & Family Programs Counselor
- Sexual Assault Response Coordinator (SARC)
- Chaplain

In California, Medical Care Providers are **REQUIRED to report sexual assault to Law Enforcement.*

DoD Safe Helpline 1-877-995-5247



SEXUAL ASSAULT PREVENTION AND RESPONSE



Sexual Assault Prevention and Response Mission Statement

Leaders at all levels of the command will create an environment where sexual assault is not tolerated and encourages reporting of sexual assault incidents, so that the victims may receive the appropriate services and offenders can be held accountable for their actions.

Sexual assault - intentional sexual contact characterized by use of force, threats, intimidation, or abuse of authority, or when the victim does not or cannot consent.

Sexual assault is a **crime** - one that has lasting negative consequences for our Marines, Sailors and Federal Civilians. An attack as vile as sexual assault erodes **Camaraderie** and **Unit Cohesion** and contradicts our Core Values of honor, courage, and commitment. We must aggressively seek to prevent any such assault, respond timely to allegations, and ensure victims receive the appropriate services. Any member found in violation of sexual assault will be subject to punishment under the Uniform Code of Military Justice, criminal law, or administrative separation.

Unrestricted reporting of sexual assault will be thoroughly investigated. Victims who choose to file an unrestricted report must have 100% confidence in the battalion's unwavering commitment to ensure that they are treated with dignity and confidentiality. We must ensure the integrity of the process by protecting victims from reprisal or re-victimization. All reports and follow-on services will be coordinated between the HQBN Sexual Assault Prevention and Response Victim Advocates (SAPR VAs), the MCAGCC Sexual Assault Response Coordinator (SARC), Naval Criminal Investigative Services (NCIS), Battalion Sergeant Major, and Battalion Commander.

For those victims who choose to make a restricted report, privacy will be honored to the fullest extent. Resources available to victims include the MCAGCC SARC, SAPR VAs, Victim Legal Counsel (VLC), Chaplains, and Marine and Family Program counselors.

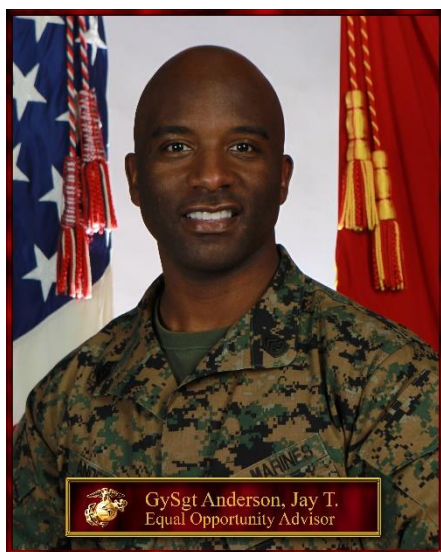
Treat everyone with sensitivity, dignity, decency, and respect, and live up to the battalion motto: Mission First, People Always. Victim safety is my paramount concern, and eliminating sexual assault takes a focused effort. Our Marines, Sailors, Federal Civilians and family members deserve nothing less.

Lieutenant Colonel Armando Martinez
Commanding Officer, Headquarters Battalion
Marine Air Ground Task Force Training Command
Marine Air Ground Combat Center



HEADQUARTERS BATTALION

Equal Opportunity Representatives



Equal Opportunity Advisor
GySgt Anderson
760-830-4567



Equal Opportunity Representative
SSgt Herring
760-830-3600

**“The Marine Corps will provide
Equal Opportunity for all military
members without regard to age, color,
gender, race, religion, or national
origin, consistent with the law,
regulations, and the requirements for
physical and mental abilities.”**



PROHIBITED ACTIVITIES AND CONDUCT PREVENTION AND RESPONSE



Prohibited Activities and Conduct Prevention and Response Mission Statement

Leaders at all levels of the command will create an environment where harassment; unlawful discrimination and abuse; wrongful distribution or broadcasting of intimate images; and dissident or protest activity are not tolerated, so that we create a culture that preserves dignity and promotes respect.

Prohibited activity and conduct can be crippling to a unit's morale, readiness, and individual safety. This type of activity is counter to our ethos, our Core Values and our goal of building **Camaraderie** and **Unit Cohesion**. We must maintain our professionalism and collectively create a climate that preserves dignity and promotes respect and trust among our Marines, Sailors, and Federal Civilians.

The parties involved in any alleged unprofessional conduct or interpersonal conflict are encouraged to attempt to resolve the matter through *informal resolution* and effective communication prior to initiating a report. This process provides an opportunity to resolve conflicts at the lowest appropriate level.

Reports may be made to any person in the chain of command; to any Inspector General; to any Equal Opportunity Representative or Equal Opportunity Advisor; and to any law enforcement officer. All allegations must subsequently be reported to me, and I will treat every allegation in good faith and thoroughly investigate and appropriately adjudicate. Substantiated incidents of prohibited activities and conduct will be documented, and those who engage in such activity will be subject to punishment under the Uniform Code of Military Justice or appropriate administrative action.

We must continue to increase awareness of inappropriate behaviors through proper training, while also facilitating the appropriate and responsive care and services for those Marines, Sailors, and Federal Civilians adversely impacted by this type of activity. This includes preserving the integrity of the process by protecting those engaging in protected communication from reprisal or retaliation. We will also safeguard the integrity of the reporting process by ensuring accountability with respect to individuals who make a false complaint.

Prohibited Activities (MCO 5354.1E)

Harassment (including sexual harassment)
Unlawful discrimination and abuse (specifically hazing, bullying, ostracism, retaliation)
Wrongful distribution or broadcasting of intimate images
Certain dissident and protest activity (including supremacist activity)

The Headquarters Battalion Equal Opportunity Representative has direct access to me for all prohibited activity and conduct matters and is responsible for providing advice to leaders in receipt of a report of such activity. Treat every member with dignity and respect - Mission First, People Always!

Lieutenant Colonel Armando Martinez
Commanding Officer, Headquarters Battalion
Marine Air Ground Task Force Training Command
Marine Air Ground Combat Center

HEADQUARTERS BATTALION

Unit, Personal & Family Readiness Program

Sgt Jesse A. Emerson
Unit Readiness Coordinator
Building 1457
Office: 760-830-3511
Jesse.emerson@usmc.mil



The Unit, Personal & Family Readiness Program provides support through proactive outreach and intervention in the form of the following functions:

Official Communication

Facilitate communications between the command, Marines, and families regarding the unit, personal and family readiness information and requirements.

Information and Referral

Provide Marines and their families with information regarding and answering questions relating to the many resources and services available to support unit, personal and family readiness.

Marines and Family Readiness and Deployment Support (RDS)

Provide resource information and training in addition to support services that enable the Marine's personal and family readiness. Information and training support are in three areas: Skills Development, Prevention and Intervention, and Self-help Education

Readiness Volunteer Program

If you are interested in helping with your HQBN Readiness program please contact the Family readiness Officer for more information. We welcome you to HQBN!

eMarine Registration



1. www.emarine.org
2. Click "log in"
3. Click "Join a unit site"
4. Click on California in the map
5. In "29 Palms", click on Marine Corps Air Ground Combat Center 29 Palms, Headquarters battalion, UIC m35010
6. Select "Sponsor" from drop down menu
7. Enter name and birth date
8. Last step will be the approval status page.

If you have trouble registering, please contact your Unit Readiness Coordinator (URC), SSgt Maddox



OFF-LIMIT ESTABLISHMENTS BY AREA/LOCATION

- | | |
|---|--|
| 1. Adobe Smoke Shop
6441 Adobe Road
Twentynine Palms, CA 92277 | 5. Puff's Tobacco
57063 29 Palms Highway
Yucca Valley, CA 92286 |
| 2. STC Smoke Shop
6001 Adobe Road
Twentynine Palms, CA 92277 | 6. Village Pub
266 South Palms Canyon Drive
Palm Springs, CA 92262 |
| 3. K Smoke Shop
5865A Adobe Road
Twentynine Palms, CA 92277 | 7. The Whispering Palms Apartments
449 East Arenas Road
Palm Springs, CA 92262 |
| 4. Yucca Tobacco Mart
57602 29 Palms Highway
Yucca Valley, CA 92286 | 8. NYPD Pizza
260-262 North Palm Canyon Drive
Palm Springs, CA 92262 |

SAN DIEGO AND SURROUNDING AREAS

OFF LIMITS: Club Mustang, Club San Diego, Get it on Shoppe, Main Street Motel, Vulcan Baths, Dream Crystal, and Sports Auto Sales

AREAS OF CONCERN: Otay Mesa District, The San Diego City Park, The Willie Henderson Park, and Perimeter of Naval Base San Diego and the nearby trolley stations

Exceptional Family Member Program



Bldg 1551

(760) 830– 7740

Mon– Fri: 7:30am– 4:30pm

The primary purpose of the Marine Corps EFMP is to assess, document and code the special medical and educational needs of eligible Marine Corps family members. By identifying families with special needs and maximizing the provision of quality services needed, the quality of life provided to the Marine Corps family is enhanced while meeting the mission of the Marine Corps.

ANY dependent enrolled in DEERS and MCTFS of an Active Duty Service

Member residing with the sponsor with an ongoing health, medical or special education need is eligible.

Some Conditions that would qualify a dependent for enrollment into EFMP are :

Asthma
Bi-Polar
Dyslexia
Autism

ADD/ADHD
Depression
Multiple Sclerosis
Crohn's Disease

Asperger's Syndrome
Rheumatoid Arthritis
Cerebral Palsy
Cancer

Children who are on an Individualized Education Plan (IEP) or 504 plan with their school may qualify for EFMP.

EFMP is mandated and confidential through MCO 1754.4B

Navy-Marine Corps Relief Society



Bldg 1551, Rm 4

(760) 830– 6323

Mon– Fri: 8:00am– 4:00pm

The Navy-Marine Corps Relief Society provides need-based interest free loans and grants for families and single Marines and Sailors. They sponsor the “Budget for Baby” course which helps expectant parents learn and plan for the expenses of their soon-to-be-bundle of joy. Navy-Marine Corps Relief Society is also known for their Combat Casualty Assistance program. They also provide multiple volunteer opportunities that include paid childcare and travel reimbursement for volunteers.

VOTE!

Where is my "legal voting residence"?

It can be the State or territory where you last resided prior to entering military service OR the State or territory that you have since claimed as your legal residence.

Military and their family members may change their legal residence every time they change permanent duty stations, or they may retain their legal residence without change. This may mean that the family's Uniformed Service member has a different legal voting residence than his/her family members.

How do I register to vote or request an absentee ballot?

You may register and request an absentee ballot with a single form: The Federal Post Card Application. This application form is accepted by all States and territories and is postage- paid in the U.S. mail, including the Military Postal System and State Department Pouch mail. Hard copies of the form can be obtained from your Unit or Installation Voting Assistance Officer or requested directly from the Federal Voting Assistance Program online at WWW.FVAP.GOV.

Headquarters Battalion
Voting Assistance Officer (VAO)
1stLt J. B. Bates
760-830-7084

In the absence of the VAO, contact the
Installation Voter Assistance Officer
(IVAO)
CWO2 Corado 760-830-1695

Web Sites:

-Manpower and Reserve Affairs

www.manpower.usmc.mil/voting

-Federal Voting Assistance Program

www.fvap.gov

- U.S. Election Commission

www.eac.gov

VOTING BY ABSENTEE BALLOT IS EASY:

- ▶ Register to vote if required.
- ▶ Request an absentee ballot at FVAP.gov.
- ▶ Send the request to your local election office.
- ▶ Receive your absentee ballot.
- ▶ Vote and return the ballot to your State.

Get more info at FVAP.gov.

- Democratic Party

www.democrats.org

- Republican Party

www.gop.com

-Office of Special Counsel

www.osc.gov/hatchact.htm

<https://www.fvap.gov/>

Naval Hospital 29 Online

For Secure Patient Communications

Robert E. Bush Naval Hospital



Branch Health Clinic China Lake

Adult Medical Care Clinic (AMCC)

(HQ Battalion Marines only)

Front Desk: 760-830-2621
Clinic Hours 0700-1600 (Thursday 0700-1430)
Sick Call 0700-0900
Bldg 1552

- Must be in the uniform of the day
- If you are sick you will be seen the same day
- For chronic problems we will book you an appointment
- Overseas Screening: Book it 3-4 weeks in advance. Do not Wait until the last minute to schedule your overseas physical.
- ER visits must be limited to emergencies only
- If you are going to be here for >6 months enroll in TriCare with a Primary Care Manager (PCM).
- Full medical readiness is a must! It is your responsibility to make it happen.

Please call the front desk for any questions or to book an appointment



Robert E Bush Memorial Clinic/Hospital

Located: 1st and Sturgis St

Clinic open 7:30am-4:30pm

To make appointments call: 760-830-2752

Suicide Prevention

National Suicide Hotline

1 (800) 273-TALK (8255)

Triwest

1 (866) 284-3743

Www.triwest.com/onlinecare

Military One Source

1 (800) 342-9647

Www.militaryonesource.com

DSTRESS

877-476-7734

www.dstressline.com

Chaplain

(760) 830-4571

Counseling Services

(760) 830-6345

Community Counseling Services

(760) 830-7277

Bldg: 1438



#BeThere_Marine

Lifestyle, Insight, Networking, Knowledge and Skills

Bldg 696

(760) 830-1696

Mon-Fri: 7:30am– 4:30pm

The L.I.N.K.S. program now offers multiple classes to accommodate all aspects of a Marine's family: L.I.N.K.S. for Spouses, L.I.N.K.S. for Teens, L.I.N.K.S. for School-Age Kids, L.I.N.K.S. for Marines, and L.I.N.K.S. for Marine Parents and Extended Family.

L - Lifestyle is a way of living; in this case, it means understanding the military community and the unique lifestyle it offers.

I - Insights come from experienced Marine Corps spouses, who relate their experiences of living the Marine Corps lifestyle. These spouses understand first hand what you are going through and who want to help you adapt to the new culture you married into.

N - Networking represents the relationships you form during L.I.N.K.S. and throughout your journey in the Marine Corps.

K - Knowledge is what you will leave with and what will help you understand and navigate the Marine Corps culture.

S - Skills learned to help you enjoy and thrive in our Marine Corps community.

What L.I.N.K.S provides Information on:

Introduction - Introduces the L.I.N.K.S. concept and welcomes spouses to the Marine Corps Family.

The Corps - Outlines USMC structure and mission to include Navy personnel attached to USMC units. Provides historical insights and discusses traditions.

The Maze: Benefits and Services - An overview of benefits, privileges, and resources available to USMC families; including the location of these services and how to access their wealth of information.

Pay Day - Explains the differences between a civilian and a military paycheck, while introducing the Leave and Earning Statement (LES), including a general discussion on basic pay and allowances. Beneficial financial management tips are also presented.

Separation and Deployment - Discusses the inevitable separations USMC/Navy families will experience and provides suggestions from seasoned spouses on how to successfully balance the additional responsibilities when your Marine is away.

Crossroads: Moving in the Military - Insights on the moving process; everything from the first packer's inspection to clearing quarters.

Getting Along - Focuses on healthy interaction with others in the family and community. Insights into the role of the Navy Chaplain and family support.

Staying Marine - Provides participants with information on the benefits and opportunities for those who choose to "Stay Marine".

Investing in Your Community - Explores the benefits of becoming involved in your community, inside the gate and out.

Closure/Celebration - Cake cutting and Celebration—Summation of the L.I.N.K.S. journey and encouragement to participants to continue developing their knowledge and skills—and to "Pass the Word" to other spouses.

NEED TO TALK?



Military & Family Life
Counselors are here to listen.

Military & Family Life Counselors (MFLC)

Are available to help service members,
spouses, couples, family members,
children and staff address:

- Deployment/reintegration support
- Marriage and relationship issues
- Stress and Anxiety
- Depression
- Daily life issues
- Anger management
- Coping skills
- Homesickness
- Relocation adjustment
- Separation
- Building resiliency
- Grief and loss
- Can meet on or off base
- No records are kept
- Sessions are FREE and ANONYMOUS
- Masters or Doctorate-level licensed counselors

760-218-9497
760-218-9946

MILITARY & FAMILY LIFE
CONSULTANT PROGRAM

*Supporting Service Members
& Their Families*

Children, Youth and Teen Program

Resource and Referral: Bldg 694

Phone: (760) 830-3227 x 230

First stop when looking to enroll your child.

School Age Care: Bldg 692

Phone: (760) 830– 3227 x273

Before and After School: Children 1st grade – 6th grade

Youth and Teen Programs: Bldg 692

Phone: (760) 830– 3227 x273

Field trips, dances, computer & video games available for 7-12th grade

Family Child Care: Care for children 6 weeks-12 yrs. Care is given by a certified Family Child Care provider in a small group setting, home environment located in government quarters.

Bright Beginnings Center: Bldg. 693

Phone: (760) 830– 3227 x252

Children 6 weeks– 36 months

New Horizons: Bldg 694

Phone: (760) 830-3227 x221

Children birth– 6 yrs

Leaps and Bounds: Bldg 696R1

Phone: (760) 830– 3900

Children 6 weeks– 3 years

Ratio:

0-12 months: 4/1

3-4 years: 12/1

13-23 months: 5/1

Kindergarten: 15/1

24-36 months: 7/1

Lifelong Learning Library

Bldg 1524

(760) 830-6875

Read and Play– Every Monday from 1030-1130 ages 0-2 yrs old

Story Time– Every Tuesday from 1030-1130 ages 3-6 yrs old

Lap Time– Every Wednesday from 1030-1100 ages 0-2 yrs old



Career Resource Office

Bldg 1427

(760) 830-7225

Mon– Fri: 7:30am– 4:30 pm

CRO offers a variety of resources including federal resume workshops, pre-retirement seminars, local employment workshops, free email and fax for job assistance.

Also Available is the Transition Management Program, Family Member Employment Assistance Program, and Microsoft Certification.

• www.jobcorps.gov

• <http://usmc-mccs.org/careers/>

• <http://www.29palms.marines.mil/Offices/CivilianHumanResources/Resources.aspx>

• www.fedshirevets.gov

Free Budget/Credit Class

Participants will receive their FICO score for FREE! Your information is kept confidential and will not be shared with others. Pre-registration is necessary please call **760-830-4262** for more information.

Education

School Liaison

Bldg 1551, Room 20

Phone: 760-830-1574



The School Liaison Program is here to serve as a communication link between the local school district and the installation. We will also strive to provide the most current and relevant information to assist you in your transition to Twentynine Palms and throughout your stay aboard MCAGCC.

www.29palms.marines.mil/Staff/G5CommunityPlansPAOSchoolLiaisonOffice.aspx

Lifelong Learning Education Center

Bldg 1530

(760) 830– 6881

Mon– Fri: 7:30am– 5pm

• Education Counselors

• Tuition Assistance

Brief : Tuesday 1300 and Friday 1100

• Veterans Benefits

• GI Bill Brief: Wednesday 1300

• Leadership Scholar Program



F•O•C•U•S Resiliency Training for Military Families & Couples



Transitions associated with the military lifestyle can bring about changes in roles and duties. Family members may take on new responsibilities, and children may have different reactions when separated from a caregiver. Many adapt well, but changes in behavior are normal and expectable. Children often lack the words to express their feelings and experiences.

Additionally, couples may experience a number of stressors that may overwhelm their ability to cope. While many couples know how to manage these challenges, some experience periods of miscommunication and stressors that can make their connection feel distant. FOCUS helps families plan ahead for these challenges by developing a personalized toolbox of skills specifically designed to meet their needs.

MANAGING FEELINGS • SETTING GOALS • COMMUNICATING • PROBLEM SOLVING • HANDLING STRESS



FOCUS Individual Family Resiliency Training sessions allow families to build their own story about military life experiences. This helps families to:

- Identify, manage, and discuss emotions
- Clarify misunderstandings and respect individual points of view
- Build on family strengths
- Feel closer and more supportive
- Use family-level problem solving and goal setting to empower the entire family



FOCUS for Couples delivers hands-on education and training in 6-8 sessions, focusing on specific skills. These strengthen couples' ability to:

- Improve their understanding of each others' experiences
- Share and regulate feelings
- Talk to one another and provide support
- Work toward a common goal
- Feel hope and optimism for their future together

FOCUS also provides specialized services for families of service members who have been **wounded, ill or injured**. These services:

- Improve family communication about the injury or illness
- Set goals for family care routines
- Problem solve around family challenges
- Enhance understanding about deployment reminders and combat stress

Contact FOCUS today for more information:

FOCUS Twentynine Palms

MCAGCC Village Center

Building 1551, Box 788150
Twentynine Palms, CA 92278-8150

P (760) 830-3818

F (760) 830-8330

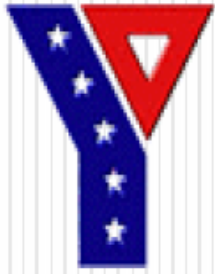
E TwentyninePalms@focusproject.org



www.focusproject.org

Revised: November 7, 2012

<https://focusproject.org/content/marine-corps-air-ground-combat-center-twentynine-palms>



Armed Services YMCA of the USA *Twentynine Palms Branch*

BLDG192 MCAGCC PO BOX 6002 Twentynine Palms CA 92278

Ph: 760-830-7481 / Fax: 760-830-8797

www.Facebook.com/AsymcaTwentyninePalms

Admin Office Operating Hours:

- Monday-Thursday 8:00am-4:00pm
- Friday: 9:00am-2:00pm
- Thank You for Your Service Bread - every Thursday
- Parent/Child Interactive Classes (1-5 yrs olds)
- **Operation Hero** and Kids Care Club (2nd-6th graders)- sessions designed to teach children about themselves, their families and friends. Soapbox Derby
- **Summer Camp:** Camp Oaks in Big bear. The children experience horseback riding, nature walks, swimming and much more!
- Volunteering Opportunities

ASYMCA Thrift Store Bldg. 193

Operating Hours:

- Tuesday, Wednesday & Friday: 10:00am-2:00pm
- Bag Sales: Every first Saturday ([See facebook](#))
- Phone Number: (760) 830-4692
- Thrift Store– active duty can receive 5 free uniform items a month.
- Monthly Bag sales: fill a 13 gallon bag for \$8!



How to send an EMERGENCY MESSAGE

[Www.redcross.org](http://www.redcross.org)

Base Red Cross 760-830-6685 or after hours 1-877-272-7337

You can call Red Cross 24/7 365 days a year

Information needed at time of call:

- Full Name
- Social Security number
- Branch of Service
- Rank
- Military/home address

Emergency Number: 760-830-3333

If you dial 9-1-1 it goes to San Bernardino Country dispatcher then they will transfer your call here. It is faster to dial the above number.

<https://www.asymca.org/twentynine-palms-home>

Twentynine Palms Single Marine Program

760-830-8454

5th Street THE ZONE

Bldg. 1531 next to Taco Bell

Fri - Sat: 10am - Midnight

Sun - Thurs & Holidays:

10am - 10pm

The CORE

The Single Marine Program currently has an online gaming center which was donated by Drug Demand Reduction. This exciting online gaming center enables Marines to play online in combat situations. SMP has five televisions devoted to console gaming. The Zone has Xbox 360, Playstation 3, and Xbox Kinect setup for gaming.

FREE MOVIES

Did you know the Single Marine Program has a theater room available? SMP receives newer movies that have not been released to DVD yet from Navy Motion Picture Service. SMP currently has over 750 movies in their library. Marines may choose from the variety of movies for their viewing pleasure.

FREE SHUTTLE BUS PROGRAM

The Single Marine Program currently has two shuttle vehicles that transport Marines to and from locations. The SMP shuttle vans have red and yellow signage on the side of the vans. SMP drives Marines and Sailors to the Commissary, Exchange, eateries, barracks and takes requests.

FRI 1:30am-10pm

Sat & Sun: 10:30am-7pm

Please call 760-830-4SMP

<http://www.mccs29palms.com/index.cfm/sports-gyms-recreation/single-marine-program/>



OUTDOOR ADVENTURES

Equipment & User Fees



Bldg 1262
760-830-7235

Email:
Mon-Fri
Closed:

omb29poutdooradv@usmc-mccs.org
0830-1630
Sun, and Holidays



Outdoor adventure provides recreational rentals, including equipment for winter and summer sports, camping, garden, and party gear.

DETAILS

- Monday to Friday rentals are a daily rate
- Weekend (Friday to Monday) rentals are charged at a rate for one and one-half days
- Sunday and Holiday rentals are not charged

STABLES

Bldg 1260
760-830-7235

Hours: Customer Service is same as Outdoor Adventures
Equestrian self-care is 24/7

For just \$100 a month, this self-care horse boarding facility offers a 24'x24' partially covered stall, a tack locker in a locked tack room, round pen, mini arena, and pasture with pond, shoeing area, wash racks and miles of trails. Mares and geldings accepted. Stallions are not permitted.

ITT (Information, Tickets, and Tours)

Main exchange Bldg 1502
760-830-4067/4122
Mon - Fri: 1000 - 1800
Closed Sat, Sun and Holidays

ITT is your one-stop shop for all destinations. You can purchase discount tickets to area theme parks, dinner shows, whale watching tours, museums, aquariums and so much more!

Discount Tickets for: Disney World

Free Admission for: Anheuser-Busch Here's to the Hero's: Complimentary Admission for active duty military and up to 3 dependents. Valid for one single day admission per person, per year, to one of the following Anheuser-Busch Adventure Parks: Sea World (Orlando, San Diego or San Antonio), Bush Gardens (Tampa Bay and Williamsburg), Sesame Place, Water Country, and Adventure Island.

Joshua Tree National Park

Viewed from the road, this desert park only hints at its vitality. Closer examination reveals a fascinating variety of plants and animals that make their home in this land shaped by strong winds, unpredictable torrents of rain, and climatic extremes. Dark night skies, a rich cultural history, and surreal geologic features add to the attraction of this place. Come see for yourself!

There are three park entrance stations:

- The west entrance is located five miles south of the junction of Highway 62 and Park Boulevard at Joshua Tree Village.
- The north entrance is in Twentynine Palms, three miles south of the junction of Highway 62 and Utah Trail.
- The south entrance at Cottonwood Spring, which lies 25 miles east of Indio, can be approached from the east or west, via Interstate 10.

The park is always open and may be visited anytime of year. Visitation increases as temperatures moderate in the fall, peaks during spring wildflower season, and diminishes during the heat of summer.

Passes free to all Active Duty Military.

74485 National Park Drive
Twentynine Palms, CA 92277
(760) 367-5500



MARINE CORPS AIR GROUND COMBAT CENTER (MCAGCC) MCCS PUBLIC MAP



Charles Coffee House
C&E Exchange
Barber Shop/Sprint
1503
GRIFFIN

Combat Center
Officers' Club & Pub
Dental Clinic
1591

Officers'/SNCO
Pool
East Gym &
Fitness Center
1588
Sandy Hill Land
Swimming Center &
Snack Bar
1584

Paintball
1262

Outdoor
Adventures
Stables
1262

- Food and Hospitality Division
- Retail Operations Division
- Personnel/Employment Division
- Recreation/Sports
- Education
- Marine & Family Services
- Other

