www.29palms.usmc.mil

WWW.0P290NLINE.COM

OBSERVATION POST G R P **R O** Т СЕΝТ ARINE 0 R UND 0 M B

JUNE 4, 2010

Serving The Twentynine Palms Community Since 1957

VOL. 53 ISSUE 22

Upcoming road show simplifies promotion boards, fitreps

SGT. HEATHER GOLDEN

Press Chief/Editor

Headquarters Marine Corps is hosting a Promotion/Performance Road Show at the Combat Center Thursday.

The road show is scheduled to be held at the Protestant Chapel at 8 a.m. The annual event offers indepth information on how to prepare for promotion boards, the responsibilities of each Marine, what board members look for in packages and fitness reports and how to read and understand Official Military Personnel Files. For new sergeants just venturing into the world of fitness reports, there will be information on what they need to do to set themselves up for success in the future, said Master Sgt. Patrick Whitaker, the Combat Center's career planner.

Although every installation across the Corps has career planners to help answer questions relating to promotions and boards, the ultimate responsibility lies with each individual Marine to have a firm grasp on his or her own career, and how they are represented in their OMPFs, said Staff Sgt. Xavisus Gayden, the Headquarters Battalion career planner.

"I get sergeants in here all the time who have been in their present rank for two or three years and have never pulled [their OMPF]," said Gayden, from Houston. "Most Marines don't know how to."

available has a little something for 830-6171.

everyone, whether it is a sergeant who has never been in zone or a senior field grade officer with more than 20 years in the Corps, added Whitaker, who has been a career retention specialist for 14 years.

Other than knowing what to do for their own promotions, officers also need to be aware how to prepare their enlisted Marines' fitness reports, said Whitaker, a San Diego native.

This information is coming straight from the "horse's mouth," so to speak, Whitaker added.

"These are the experts up there [who oversee promotions]," he said. "Just get there. This is something for your career."

For more information on the The spectrum of information road show, contact Whitaker at



STAFF SGT. CHRISTOPHER FLURRY

A U.S. and Romanian Marine say goodbye following the ceremony, May 28, closing two weeks of peace keeping operations training. U.S. forces of Black Sea Rotational Force will now conduct peacekeeping operations training with Macedonian forces, and the Romanian forces are slated to begin airborne training with Black Sea Rotational Force's air combat element.



GUNNERY SGT. MATTHEW BUTLER

An Afghan Counter Narcotic National policeman holds the Afghan government's primary drug kingpin in Marjah, Afghanistan, May 18. The mission, a team effort between the Marines, Drug Enforcement Administration and Counter Narcotic Police of Afghanistan, nabbed high-level drug traffickers.

Joint team nabs top drug lord

GUNNERY SGT. MATTHEW BUTLER

I MARINE EXPEDITIONARY FORCE (FWD)

MARJAH, Afghanistan – A swift and decisive pre-dawn raid on a known Taliban commander's compound snared the Drug Enforcement Administration's and the Afghan government's primary drug and terrorist target in Marjah, May 18.

During four other simultaneous hits in Marjah, the DEA, 1st Battalion, 6th Marine Regiment, and the Counter Narcotic Police of Afghanistan netted other high-value targets and seized narcotics, weapons and explosives as evidence.

Approximately 2,344 kilograms of opium, 16 kilograms of heroin, 27 kilograms of morphine, 5 kilograms of suspected methamphetamine, 3 kilograms of hash, 5 kilograms of poppy seeds, 65 kilograms of marijuana seeds, 502 pounds of homemade explosives, more than two tons of ammonium chloride, other HME making chemicals and weapons and cash were seized as evidence. For two months, DEA special agents from the Kabul Country Office Strike Force partnered with investigators from the Afghan Ministry of Interior's Counter Narcotic Police Sensitive Investigative Unit to build solid cases against multiple terrorist and drug traffickers in Marjah. Intelligence was gathered in Marjah prior to the Feb. 13 Operation Moshtarak push by Marines of Regimental Combat Team 7 to clear the area of Taliban insurgency in the opium-growing belt of the Helmand River Valley. Leading up to the February clearing mission, DEA informants identified 21 pages worth of improvised explosive device emplacements, Taliban commanders and their headquarters and pinpointed other threats.

"I think it's good. The DEA is getting the intel to prosecute targets on opium producers and distributors. We all know they are linked to the Taliban or are Taliban," said Staff Sgt. Stephen Vallejo, platoon sergeant, 2nd platoon, Company A, 1st Bn., 6th Marines.

The Taliban and drug trafficking have long been connected. The Taliban uses the rich and illicit poppy growing fields in Helmand province to fund the insurgency through the profits from the byproduct of poppy opium. Local farmers have long grown the crop because they have been forced to and because it has proven as the best way to provide for their families, though it be illegal, explained a DEA agent. Under the cover of darkness, Vallejo's company led the foot patrol from Patrol Base Littlefoot to the primary target's compound where informants said they could find the Taliban high-value drug kingpin. Combined with the Marine patrol were two DEA special agents - the case leader on the entire case from the DEA's Kabul Country Office Strike Force and a special agent from the Foreign Advisory Support Team – and a team of Afghan Counter Narcotic

Marines, Romanian forces wrap up initial phase of training

CPL. R. LOGAN KYLE

BLACK SEA ROTATIONAL FORCE

BABADAG TRAINING AREA, Romania – Romanian Marines and soldiers topped off two weeks of peacekeeping operations training with U.S. Marines and sailors at Romania's Babadag Training Area

ceremony marking their accomplishment, May 28.

Lt. Col. Tom Gordon, the commanding officer of Black Sea Rotational Force, said he was proud of all the hard work put in by his Marines and the Romanian troops. "If we, as a band of brothers,

with a final exercise, May 27, and a find ourselves together in combat, I'll be proud to serve alongside Romanian forces," said Gordon, a Boston native, while giving a speech during the ceremony.

> Marines participating in the training said the Romanian forces worked hand-in-hand with 1st Tank Battalion's scout platoon, honing their skills in combat marksmanship, convoy operations, military operations on urbanized terrain, martial arts, nonlethal weapons techniques and other areas. Scout platoon serves as the ground combat element of the Security Cooperation Marine Air-Ground Task Force currently deployed to Eastern Europe for Black Sea Rotational Force.

> "These guys worked hard the whole time they were here," said Cpl. Devin Bullard, an assaultman with scout platoon. "No matter what we threw at them, they were ready, willing and motivated to try."

During the training, the Romanians logged more than 14 hours of Marine Corps Martial Arts Program instruction, were exposed to Tasers and Oleoresin

See ROMANIAN, A6

See DRUG, A5



GUNNERY SGT. MATTHEW BUTLER

A Drug Enforcement Administration special agent [right] and Cpl. Michael Zarate, 22, from Chula Vista, Calif., and his patrol drug-detection dog, Roy, search a structure for drugs and anyone evading arrest at the compound of a known Taliban commander and drug trafficker in Marjah, Afghanistan, May 18.



Shocking training ~ See A3



Ace arrives ~ See A5



Reaching out ~ See A7



Fitness frenzy ~ See B1



CPL. R. LOGAN KYLE

Romanian Marines arrive via tactical vehicles to conduct military operations in urbanized terrain during the final training exercise of their peacekeeping operations training, May 27. Romanian Marines and soldiers capped off two weeks of training with U.S. Marines and sailors with a final exercise and ceremony.

TRICARE tips to tame travel trouble

BRIAN P. SMITH

TRIWEST HEALTHCARE ALLIANCE

Whether you're leaving on vacation or changing duty stations, TRICARE is here to keep you medically covered. Take a few steps now to help make sure your coverage remains constant during your travels.

Keep DEERS updated

No matter which TRICARE program you use, your Defense Enrollment Eligibility Reporting System record is the key to keeping your eligibility. If your address changes for more than 30 days, update DEERS.

Go to http://www.tricare.mil/DEERS or update your information online using the Beneficiary Web Enrollment application at http://www.triwest.com/bwe.

When changing addresses, don't withdraw from TRICARE Prime. You can transfer your enrollment and choose a new primary care manager. You can use BWE or fill out the TRICARE Prime Enrollment Application & PCM Change Form. Find it at http://www.triwest.com by clicking the "Find a Form" tab.

Get routine care at home

Before you hit the road, take care of your family's routine health care, such as annual exams and required immunizations at home.

This doesn't just help you focus on your journey, but can help you avoid claims issues and outof-pocket expenses.

Know your urgent and emergency care options

Emergency care is covered for conditions which could result in a loss of life, limb or sight. Urgent care covers those issues which require medical attention in 24 hours, such as a rising fever, sprain or sore throat.

To avoid extra out-of-pocket costs, TRICARE Prime enrollees should contact:

• Your PCM before receiving urgent care

• Your PCM within 24 hours of receiving emergency care

• TriWest at 1-888-874-9378 if you are admitted to a hospital

• TriWest if you do not have a PCM

TRICARE pharmacy delivers

When you get your medications through the TRICARE mail order pharmacy, remember to get your refills before you leave.

Need medications away from home? TRI-CARE pharmacy can deliver to a temporary address. To register for home delivery and to manage your prescriptions online, visit http://www.express-scripts.com/TRICARE or call 877-363-1303.

Locate a provider

In the West Region, you can find network medical providers (with maps and driving directions) at http://www.triwest.com/providerdirectory. Outside of the 21-state West Region, go to http://www.tricare.mil/findaprovider.

Centerspeak

Who is your favorite military war hero and why?

Opinions expressed in Centerspeak are not necessarily those of the OBSERVATION POST, the Marine Corps or the Department of Defense.



LANCE CPL. COREY WHIDDEN COMBAT INSTRUCTOR COMPANY. INSTRUCTOR BATTALION

'' Tohn Basilone, because he is a J machine gunner like me, and he won the Medal of Honor.



COMPANY D, 3rd Assault Amphibian Battalion

"**T** t. Baldomero Lopez. When L no one would go over the seawall in Korea, he did. He led his



STAFF SGT. CHARLES BUTCHER BATTERY I, 3RD BATTALION, 11TH MARINE REGIMENT

"S enator Dan Inouye of Hawaii, because while in the Army, he won the Medal of Honor. He also started from humble beginnings, became something special and did it with one arm.'

Hot Topics

VET CLINIC SERVICES LIMITED

Full veterinary services for privately-owned animals will not be available until August. Limited relief veterinary services will be available for privately-owned animals July 7-9. Pet owners are advised to seek care for their animals from a local veterinarian in the surrounding communities. Contact 830-6896 for more information.

OPERATION DRIVE ONE

Ford is hosting Operation Drive One for the Combat Centre community today from 9 a.m. to 5 p.m. in the main exchange parking lot. Participants will get the chance to drive new Ford models and meet former wrestling champion Bill Goldberg while raising money for the National Military Family Association.

SCION BATTLE OF **THE BUILDS**

Scion, in conjunction with MWR and MCCS, is offering a car design contest for all active duty, reserve and National Guard personnel. The top designers from each base will be given money to build their dream cars and fly to Vegas for the final contest in November. Teams must have 5-8 people. Registration deadline is June 11. Go to http://www.battle ofthebuilds.com for more details.

GOLF SCHOOL

Desert Winds Golf Course is offering Golf School Cost is \$100 for adults and \$50 for juniors. Adults start at 8:30 a.m. and juniors at 10:30 a.m. Cost includes use clubs, balls, greens fee and six weeks of instruction. For more information, call 830-6132.

Marine Corps History

June 2, 1918

At dawn, the German 28th Division attacked along the axis of the Paris-Metz road. The 4th Marine Brigade opened with deadly rifle fire and set the stage for Marine victory at Belleau Wood.



Report any suspicious activity immediately which may be a sign of terrorism, including:

- 1. Surveillance
- 2. Suspicious questioning
- 3. Tests of security
- 4. Acquiring supplies
- 5. Suspicious persons
- 6. Trial runs
- 7. Deploying assets





SEMPERTOONS: CREATED BY GUNNERY SGT. CHARLES WOLF, USMC/RET.

SUDOKU #1831



CROSSWORD AND SUDOKU PUZZLES COURTESY OF © 2010 HOMETOWN CONTENT



41.Much of an atlas

42. Proofreader's

"leave it"

43.Bog fuel

[Puzzle solutions on A6]



School Liaison Information

Question: How can I help prepare my child for kindergarten?

Answer: There are several ways.

Marines.'

• Talk with your child about what to expect. A few weeks before the beginning of the year, start discussing plans for the first day. Make a big deal of shopping for school supplies and school clothes. Talk about what will happen at school - lunch, recess, the teacher, the playground and the school bus.

• Visit the school together. Go meet the teacher with your child. He will feel much better when he recognizes the familiar face on the first day. Take a tour of the school and don't forget the trip around the playground. Meeting the principal and secretaries might help too and help you feel more comfortable about leaving your child on the first day.

• Help with social skills. This is a topic you can discuss frequently with your child. They will feel more confident and comfortable on that first day of kindergarten (or any new situation for that matter) if they have some idea as to how to introduce themselves and make friends. For example: If they know to ask another child what their name and favorite color is, they may just come home that first day with a new best friend.

> For more information, please contact smbplmsmccsschoolliaison@usmc.mil or call 830-1574.

Combat Center Spotlight



Name: Cpl. Charles London Hometown: Montgomery, Ala. **Unit:** Staff Judge Advocate **Job title:** NCOIC of military justice Job duties: Assist all units with legal questions and court martials, and serves as the platoon sergeant. What do you like most about your job? "The mass amount of knowledge, because you never know it all, and when you do they change it on you. It is a heavy mental challenge." **Significant achievements:** NCO of the Quarter for the Combat Center and rifle range coach Hobbies: Body building, learning war history and drill. **Military service:** Three years, eight months Time at Combat Center: Three years

OBSERVATION POST

Commanding General Brig. Gen. H. Stacy Clardy III

Public Affairs Officer - Jennie E. Haskamp Public Affairs Chief - Gunnery Sgt. Sergio Jimenez

Press Chief/Editor - Sgt. Heather Golden Layout, Design - Leslie Shaw

The Observation Post is published by Hi-Desert Publishing, a private firm in no way con-nected with the Department of Defense or the United States Marine Corps, under exclu-sive written contract with the Marine Corps Air Ground Combat Center. This commercial enterprise newspaper is an authorized publication for members of the military services. Contents of the Observation Post are not necessarily the official views of, or endorsed by, the United States government, the DoD, or the United States Marine Corps. The appear-ance of advertising in this publication, including inserts and supplements, does not con-stitute endorsement by the DoD or Hi-Desert Publishing of the services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. Editorial content is prepared by the Public Affairs Office, MCAGCC, Twentynine Palms, Calif. 92278. All photos, unless otherwise indicated are Official USMC Photos. Questions can be directed to the Public Affairs Office, located in building 1417, during normal working hours at 830-6213 or FAX 830-5474. The Observation Post is made with 60 percent recycled paper.

											-			-	
1	2	3	4	5		6	7	8	9		10	11	12	13	
14	+					15					16			+	
17					18						19				
20				-				21	-	22				+	
				23			24			25					
26	27	28	29				30	31	32						
20	21	20	27				50	51	52						
33						34					35	36	37	38	
39					40						41				
42					43					44					
· -															
			45	46					47						
4.0	49	50					51	52							
48	49	50					51	52							
53					54	55		56			57	58	59	60	
61					62		63								
64					65					66				+	
67					68					69					
ACRO	225		44	l Do se	omethi	nơ	DO	WN			32 1	Phone	no fol	lower	
1. Vo	ocally to	wangy		about		0	1. C	anavei	al org.			32.Phone no. follower 34.Baseball exec			
6. Be	arded	Smurf			ns (rac		 Perched on Nazi ("Seinfeld"]	Epstein 36.Source of Italian				
	ımp of ake am		47	Janua' forma	ry hon	oree,			("Seinf	eld"		Source Soubbly		lian	
	ries-en		48	B.Picket	ter prov	vokers	character) 4. Name of two of				37.L. Frank Baum's				
ab		0			rich Ge		Henry VIII's six				coward				
		ination		region			5. Ushered out			38.Acted the fink					
17. Movie's music				53.Adds up			6. In and of itself			40.Non-specializing					
	19. Hayworth of "Pal 56. Emulate, on Hallowcon					"Now <u>theater</u> near you!"				MDs 44.Slaps the cuffs on					
Joey" 20.Turns up			61	Halloween 61.Cinders of old			8. DC donors			46.Abbr. on auto tires					
21.Mad Magazine				comics			9Seltzer			47.Missile typically					
pieces				62.Small IHOP order			10.Clear, tight wrapping			thrown eight feet					
23.Bad fortunes				64.A util.			11. River of Tours			48.Beef on the hoof					
25.Like neon				65.Phone sound			12.Let out or take in			49.Showy lily					
26. "And how!"				66. "The Yankee			13.Brewery need			50. Gracie or Woody					
30.Rural swimming				Years" author Joe			18.2004 Brad Pitt movie			52.Madison Ave. figure					
	place 33. Name in mattresses			67.Colonel or corporal				22.Reason for sudden death in sports				54. Business sign abbr.			
	34.Fearsome dino							death, in sports 24.Primal therapy				55. Comic strip populated by birds			
35.Chums				68.Watergate's Throat			sounds				57.Word in an octagon				
			69	69.Acted the mole			26.Horned goddess				58.Rani's wrap				
40.18	14 trea	ty city					27.P	27.Period following				59.Farm land division			
		an atla	c					Mardi Cras				60 Depot posting			

Mardi Gras

29.Dark purplish shade

28.Add kick to

31.Flat payment

60.Depot posting,

63.Formula _____ racing

informally

U.S. Marines, Romanian troops train with nonlethal weapons

STORY AND PHOTOS BY CPL. R. LOGAN KYLE

BLACK SEA ROTATIONAL FORCE

Marines and sailors from Headquarters and Service Company, 1st Tank Battalion, and Romanian Marines and soldiers experienced the a field radio operator with effects of two nonlethal weapons systems during an exercise at Babadag Training Area, Romania, May 25.

"The purpose of this exercise was to teach the Romanians nonlethal techniques, tactics and procedures to subdue violent or potentially violent aggressors," said 1st Lt. Marshall Hand, the nonlethal weapons officer-in-charge for H and S Co., 1st Tank Bn.

During the training, the Romanians were exposed to Oleoresin Capsicum, more commonly known as OC spray, and also had the opportunity to feel the effects of a Taser.

"They were very motivated and eager to learn how to employ nonlethal weapons Sgt. Vasile Bogdan, with utes, and isn't something I systems so they can protect the 1st Company, 341st care to experience again."

themselves and fellow soldiers without permanently harming the target individual while still maintaining control of the situation," said Hand, a native of Mahopac, N.Y.

Corporal Richard Chavez, scout platoon, H and S Co., 1st Tank Bn., said despite initial fear, the Romanians showed a lot of courage by voluntarily getting Tased.

"I thought they were very professional about it," said Chavez, a native of Colorado Springs, Colo. "Even though they didn't necessarily enjoy it, they now know the affect it can have on another person."

The Taser works by sending electric pulses through an individual for about five seconds, and the pain ends just after the current stops. However, OC spray brought a much different and longerlasting pain.

"It was probably the worst feeling I have ever felt," said Romanian soldier

Corporal Mitchell Staats, an assaultman with scout platoon, Headquarters and Service Company, 1st Tank Battalion, subdues an opponent after being sprayed with Oleoresin Capsicum, more commonly known as OC spray, during a nonlethal weapons exercise at Babadag Training Area, Romania, May 25.

Battalion of the Romanian Land Forces. "It burned my face for about 45 min-



Staff Sqt. Troy Ferderer, left, a nonlethal weapons instructor with Headquarters and Service Company, 1st Tank Battalion, demonstrates how to properly employ a Taser on Cpl. Mitchell

Staats, an assaultman with scout platoon, H and S Co., 1st Tank Bn., during a nonlethal weapons exercise at Babadag Training Area, Romania. May 25.

As a Federal Employee, your retirement is important to us at Kirk Financial Group Do you have questions?



James Kirk, CLU, ChFC, LUTCF

Owner

tel (760) 255-2776

fax (760) 256-8261

222. E. Main, Suite 205

Barstow, California 92311

james.kirk@netfinancial.com

www.kirkfinancialgroup.com



Nonlethal weapons courses have been a vital part of the peacekeeping operations training U.S. and Romanian forces have conducted since May 17. The Romanian Marines and soldiers are scheduled to graduate May 28 and U.S. Marines and sailors will immediately roll into peacekeeping operations training at Babadag with Macedonian forces May 31.

U.S. Marines and sailors are working in the Black Sea, Balkan and Caucasus regions to promote regional stability, build enduring partnerships and build the capacity of partner nation's military forces. They are serving as the first Security Cooperation Marine Air-Ground Task Force in the regions, known as Black Sea Rotational Force 2010.



Romanian Land Forces Sgt. Vasile Bogdan, 1st Company, 341st Battalion, is sprayed with Oleoresin Capsicum, more commonly known as OC spray, during a nonlethal weapons exercise at Babadag Training Area, Romania, May 25. Romanian Marines and soldiers received nonlethal weapons familiarization training as part of their peacekeeping operations course.





Visit the official MCAGCC Facebook page by seaching "The Combat Center at Twentynine Palms" on Facebook

Military Buy Back

- Survivor Benefits • Federal Employees Group
- Life (FEGLI) • Thrift Savings Plan (TSP)
- Flexible Spending Account (FSA) Pensions Offset
- Social Security



Call for your personalized one on one FREE analysis of your employee benefits

KIRK FINANCIAL GROUP **OUR BEST INVESTMENT IS IN YOU** Kirk Financial Group is not an affiliate of NEXT Financial Group, Inc. Securities offered through NEXT Financial Group, Inc., Member FINRA/SIPC.

U.S. MARINE CORPS FORCES SPECIAL OPERATIONS COMMAND

TAKING WARFARE **BEYOND THE FRONT LINE**





WIN WARS BEFORE

CONTACT A MARSOC RECRU STEP BEYOND THE TIP OF THE SPEAR

WEST COAST: 760-763-5101/5102 E-Mail: marsoc_recruiting@usmc.mil

ASHFORD UNIVERSITY SERVES MARINE STUDENTS ANYWHERE IN THE WORLD

EARN YOUR ONLINE ASSOCIATE'S, BACHELOR'S, OR MASTER'S DEGREE

- Your military training counts. Transfer up to 99 previously earned credits from prior college/work experiences.
- Your Ashford Military Tuition Grant covers all required books and you pay only \$250 a credit.
- Only 5-6 week courses taken one at a time, so you can earn your degree without disrupting your life.
- · Your application and technology fees are completely waived.
- · Learn more regarding all of the distinct benefits available to the military community.



VISIT US ONLINE TODAY! Military.Ashford.edu/Observation

CALL TOLL FREE! 800.632.1572

FOUNDED 1918



ACCREDITED BY THE HIGHER LEARNING COMMISSION (NCAHLC.ORG)

OBSERVATION POST

AMCC sailors, staff keep Marines in fight

PFC. SARAH ANDERSON

COMBAT CORRESPONDENT

With few staff members and limited space, the sailors at the Adult Medical Care Clinic get the job done.

The AMCC has 25 total staff members - one branch head, one permanent active duty nurse, two temporary nurse practitioners on loan from the Robert E. Bush Naval Hospital, two independent duty corpsmen certified to diagnose patients and prescribe medication, two administrative clerks and 12 working corpsmen. The final five sailors are currently deployed.

With an average of 100-130 patients a day from Headquarters Battalion and Marine Corps Communications-Electronics School, these few keep themselves busy.

"It's incredibly busy," said Petty Officer 3rd Class Evan Cofer, a hospital corpsman at the AMCC. "We are open all day, so [the clinic staff] needs to know how to do everything so we can cover each other to go to lunch. It's been to the point where we couldn't go to the bathroom, because there was no one to cover for us."

Another corpsman, Petty

Officer 3rd Class Christine Wallin, said life can get crazy at times, especially since she is the only female corpsman at the AMCC.

booked up, I take the overflow of patients," Wallin said. "I am the only female down here, so for female issues I'm being pulled to do standbys."

On average Wallin sees 10-20 patients a day, she said.

ing space also keeps the group on their toes, said Lt. Čmdr. Joseph A. Gomez, the branch head of AMCC.

We are limited in space," he said, explaining they are anticipating a new building in the year 2013.

nothing can slow his staff down, adding he has full confidence in them to get the job done to the highest level of quality possible.

hectic," said Gomez. "Despite the number of corpsmen, everybody steps up to the plate. Everybody knows and everybody's does job. Everyone knows we need to come together as a team to accomplish our number one

"When appointments get 1

An older, cramped work-

"We have an old building.

However, Gomez said

"Some days it can be really

PFC. SARAH ANDERSON

Seaman James Louck, a hospital corpsman with the Adult Medical Care Clinic, takes a blood sample from Pfc. Lyle Anderson at the clinic Wednesday.

priority, and that is taking care of the Marines."

Despite the short staff, busy days and confined work space, the corpsmen create an environment where it is easy to work together as a team, Cofer said.

"Morale is really high. We

are all getting along really well," he said.

Gomez said he is proud of

the effort his staff puts out on a day-to-day basis. We have great staff here. My corpsmen here are outstanding corpsmen. They are all eager and willing to learn,

[and] they question what they are unsure of," he said. "My job is to make sure they are well educated, so when they are out with Marines, they know what to take care of."

'I've been in 29 years, and I've served with a few corpsmen, and these guys are by far the best," Gomez added.

If you're at the AMCC for an appointment, be on time and be patient - and be assured you are in for quality care.

To schedule an appointment at the AMCC, call 830-2621.

MCCS provides easy way to send care packages

The Care Package Program will box items, tape them up and mail them for their cus-\$10 coupon for the Main Exchange for every package mailed, said Alisi Tuioletai, the Division administration.

"You get a free box, fill it,

'This is so families can afford to send care packages to their loved ones," she added. "I remember being married to a lance corporal, and we didn't have money. At least this way, maybe I pay by cash or check, but at least I get something [back in the form





KC130-T unit arrives to support Black Sea Rotational Force

CPL. R. LOGAN KYLE

BLACK SEA ROTATIONAL FORCE

MIHAIL KOGALNICEANU AIRFIELD, Romania – Marines with Marine Aerial Refueler Transport Squadron 452, based out of Newburgh, N.Y.; and VMGR-234, from Fort Worth, Texas, arrived at Mihail Kogalniceanu Airfield, Romania, May 28 to support Black Sea Rotational Force as the air combat element of the Security Cooperation Marine Air-Ground Task Force currently deployed to Eastern Europe.

The ACE's mission is to provide the Marines and sailors of Black Sea Rotational Force with air resupply operations and troop transport support, as well as to provide support of Romanian special forces airborne training, said Maj. George Christel, a pilot with VMGR-452.

"It feels great, and we're excited to be here," said Christel, a native of Clinton, N.Y. "I think for all of us, it's our first time in Romania, and we're looking forward to the experience."

The Marines arrived with their compliment of two KC130-T Hercules aircraft, which they will use to support several flight operations scheduled throughout BSRF. Both KC130-T squadrons are composed of reserve and active duty Marines from 4th Marine Aircraft Wing.

The Marines are working in the Black Sea, Balkan and Caucasus regions to promote regional stability, build enduring partnerships and build the capacity of partner nations' military forces. The Security Cooperation MAGTF is Marine Corps Forces Europe's commitment to a rotating presence of Marines in Eastern Europe to meet U.S. European Command's theater security objectives – the first of its kind in the region.

For some Marines, like Sgt. Geoff Boreman, a flight mechanic trainee with VMGR-452, this deployment will also serve as a valuable training experience.

"I'm in training to become a flight mechanic," said Boreman, a Newburgh, N.Y., native. "I've gone through about five months of ground training, and I'll learn more about the different systems on the plane while I'm here."



CPL. R. LOGAN KYLE

An air traffic controller for the Mihail Kogalniceanu International Airport, Romania, guides a KC130-T aircraft with Marine Aerial Refueler Transport Squadron 234, 4th Marine Air Wing, based out of Fort Worth, Texas, upon arriving at the airport May 28. The unit, along with Marines with VMGR-452, 4th MAW, out of Newburgh, N.Y., is supporting Black Sea Rotational Force 2010 as the air combat element of the Security Cooperation Marine Air-Ground Task Force.

DRUG, from A1

Police National Interdiction Unit. A Marine dog handler and his patrol drug-detection canine helped complete the search of the compound.

The team of Afghan NIU agents armed with automatic weapons and search-and-arrest warrants led the forced entry in to the compound. The DEA and Marine dog handler and his canine followed behind.

The rest of the Marines from Co. A surrounded and secured the outside of the compound, ready to provide additional firepower if required inside.

Soon after the NIU team entered the compound, a bearded man confronted them. He initially resisted the commands to surrender. While the NIU detained the man, the DEA agents and the dog handler cleared each room and searched possible hiding spots for Taliban fighters. Still unaccounted for was the primary target. With one detainee secured, the NIU, DEA and Marine canine team continued to search the compound through a second entrance. Moments later, radio chatter from the 1st Battalion, 6th Marine Regiment, Marines, who were securing the perimeter, said they had detained a man attempting to flee the compound. The Marines had secured the DEA's most wanted man in Marjah. With flexi cuffs on, the man was turned over to the NIU. "The reason I'm doing this, is you know the drug traffickers and the Taliban are both connected. The Taliban are getting their financing from the drugs," said a special investigator with the SIU. "The case worked. We arrested the guys and got the seizure." 'This is all task and purpose," said Sgt. Patrick Main, 1st squad leader, 2nd platoon, 1st Bn., 6th Marines. "If we've got to set a cordon [perimeter] for the DEA, or another squad, or ourselves,

it's pretty much the same." Main underplayed the

importance of their part of the mission. His Marines' cordon nabbed the primary target as he attempted to escape.

This was a joint operation with Marine forces, explained the Afghan special investigator through a translator.

"I'm very happy with the cooperation and success," said the SIU agent. "The good part was the Afghans searched the compounds, and the Marines set up the cordon around the perimeter. The search and evidence collection was all the Afghans. This is very good for Afghan culture, and because we did the searches, the Afghan people respect the Marines a lot, and there were no civilian casualties."

"I think any little bit will help, especially with the drugs because if you take the drugs you take their money," said Main, a 28-year-old, from Eagle River, Wis., before the raid.

With the primary target in cuffs and the team's spirits high on that knowledge, the worst fears of everyone who goes on patrol happened. The Marines providing rear-end security were hit by an IED. Main, a 10-year, battle-hardened infantry veteran, had been within five meters of the blast and was down. One of Main's Marines, just feet away, sustained severe injuries.

The corpsman treated Main's wounds, but the Marine who took the brunt of the IED was seriously injured. An hour later the bad news was sent down to Co. A the Marine had died.

It was Co. A's first loss of life.

Company A's hearts were heavy, but the Marines maintained the resolve to protect the local population. "Right now it's hard for them. It's hard for all of us," Vallejo said. "The best thing I can tell them is we are out here and we have a job to do. Mourn the loss, but we've got to stay focused at the same time. It's sounds very cliché, and you hate to be the one to say that to them. There's still a mission to be done here and that's the truth of it."

The Taliban is going to do what the Taliban is going to do. Today we caught one of them and we also saw up close and personal what they do," Vallejo added firmly.

This was the first opera-

tion we have done in Helmand province and especially in Marjah district. From our sources, all of the drug traffickers keep moving from Marjah to other places and provinces and trying to go to other countries," said the Afghan drug police officer.

With the drugs and evidence seized, the men are facing a minimum 10-year prison sentence in the Afghan judicial system.

"We will keep working hard to get rid of the drugs and drug traffickers from Afghanistan," said the Afghan SIU agent.





GUNNERY SGT. MATTHEW BUTLER

The seizure of drugs and the arrest of key drug traffickers was the culmination of months of undercover work by the Afghan Counter Narcotic Police and Drug Enforcement Administration special agents. The drugs in this photo have a street value of more than \$500,000, dollars according to a DEA special agent. More than 2,344 kilograms of opium, 16 kilograms of heroin and 27 kilograms of morphine were seized during the raids.

Did you know that you have the right to choose your therapist? You can have the best therapy right here in town!

HI-DESERT PHYSICAL REHABILITATION GROUP, INC. • PHYSICAL THERAPY • OCCUPATIONAL THERAPY • SPEECH THERAPY Two Convenient Locations To Serve You:

YUCCA VALLEY 56299 29 Palms Hwy Yucca Valley, CA 369-1743 29 PALMS 5930 Adobe Rd. Twentynine Palms, CA **367-1743**

Hours: Mon-Thur. 7:30AM-5PM • Fri.7:30AM-4PM Visit our Website at: www.hdprg.com

Locally Owned & Operated



NOW OPEN AT WESTFIELD PALM DESERT







Earn your degree with a leader in online education.

- Explore the wide range of associate's, bachelor's, and master's degrees you can earn online or on campus
- Discover personalized support to help you complete your education
- Talk with an advisor and create the right education plan to meet your goals
- Experience the flexibility of taking an online course
- Learn about financial aid options

Visit the National University Online Information Center at Westfield Palm Desert 72840 Highway 111 Palm Desert, CA 92260

degrees.nu.edu/PalmDesert 760.346.3230



The University of Values

ROMANIAN, from A1

Capsicum spray, and patrolled the fields and MOUT towns throughout the training area.

Pvt. Marius Dumitru, a Romanian Marine with Amphibious Co., 307th Bn., was given a challenge coin during the ceremony for his exemplary performance and willingness to learn throughout the training evolution.

"I really didn't expect that to happen," said Dumitru, referring to the moment Gordon called him frontand-center. "This is a great honor for me. It's really motivating for me and feels good to be appreciated."

The commanders of the Romanian Marines and Land Forces soldiers were also presented with plaques, congratulating them on their hard work. But these weren't ordinary plaques. They were made from fallen trees from the World War I Battle of Belleau Wood, France, the birthplace of the Marine nickname "Teufel Hunden," more commonly known as "Devil Dog."

The Marines received the title after the ferocity and relentlessness they exhibited during the battle, and the woods have become known as the "Bois de la Brigade de Marine," or "Wood of the Marine Brigade."

First Tank Battalion is currently deployed to the Black Sea, Balkan and Caucasus regions as the core of a Security Cooperation Marine-Air Ground Task Force, known as Black Sea Rotational Force 2010. The Marines and sailors have the mission to train with partner militaries, provide humanitarian support, promote stability in the region and build enduring partnerships with nations

Macedonian forces are slated to arrive at Romania's Babadag Training Area May 31 for two weeks of peacekeeping operations training, and the Marines and sailors with scout platoon said they look forward to continuing training with partner nations

Romanian forces are





scheduled to continue training with U.S. forces during the coming with weeks, beginning with airborne training with Black Sea Rotational Force's air combat element, a detachment of KC 130-T Hercules aircraft from Marine Aerial Refueler Transport Squadron 452 and VMGR-234.

C	R	0	55	51	1	DR	Ð	S	0	IJ	Л	10	N	S
Ν	А	S	А	L		Ρ	А	Ρ	А		s	L	А	Υ
А	Т	0	Ν	Е		Е	Т	А	L		Н	0	L	Е
s	0	U	Ν	D	Т	R	А	С	к		R	Т	Т	А
А	Ρ	Ρ	E	А	R	S		S	А	Т	Т	R	Е	S
				w	0	Е	S			Т	Ν	Е	R	Т
Т	L	L	s	А	Υ		С	R	Е	Ε	к			
s	Е	А	L	Υ		Т	R	Е	х		Ρ	А	L	S
Т	Ν	С	А		G	Н	Е	Ν	Т		А	S	-	А
s	Т	Е	Т		Ρ	Е	А	Т		А	С	Т	0	Ν
			Е	Ρ	s	0	М		D	R	к	Т	Ν	G
s	С	А	В	s			S	А	А	R				
Т	А	L	L	Т	Е	S		D	R	Е	s	S	А	S
Е	L	L	А		S	Н	0	R	Т	S	Т	А	С	К
Е	L	Е	С		Т	0	Ν	Е		Т	0	R	R	Е
R	А	Ν	К		D	Е	Е	Ρ		S	Ρ	Т	Е	D

SUDOKU SOLUTIONS									
7	6	1	2	9	3	4	5	8	
2	4	8	5	1	6	9	7	3	
5	3	9	7	4	8	2	1	6	
9	1	5	8	7	4	3	6	2	
3	8	2	6	5	9	7	4	1	
4	7	6	3	2	1	8	9	5	
8	9	3	1	6	7	5	2	4	
6	5	7	4	3	2	1	8	9	
1	2	4	9	8	5	6	3	7	



Check the Observation Post Classified section

Village medical outreach provides care to Afghans

STORY AND PHOTOS BY LANCE CPL. MEGAN SINDELAR

Combat Correspondent

NAW ABAD, Afghanistan -Marines and medical officers from Brigade Headquarters Group and 3rd Low Altitude

medical care to the people of

Navy Lt. Jason P. Rice, flight surgeon with Marine Heavy Helicopter Squadron 466, 3rd Marine Aircraft Wing, I Marine Expeditionary Force (FWD), checks a child's heartbeat May 15 during a village medical outreach outside Naw Abad, Afghanistan. Marines and medical officers from Brigade Headquarters Group and 3rd Low Altitude Air Defense Battalion, I MEF (FWD), and an Afghan National Army medic from Camp Shorabak, set up and conducted the outreach to provide medical care and assess the area's long term medical needs.



Air Defense Battalion, I that area.

Marine Expeditionary Force

(FWD), and an Afghan

National Army medic from

Camp Shorabak, Afghanistan,

set up a village medical out-

reach May 15 outside the vil-

lage of Naw-Abad, to provide

The Marines and sailors set up a medical tent and aided more than 35 men and children who traveled from their homes down to the medical site.

Lieutenant Cmdr. Aaron R. Huber, 3rd LAAD Bn. medical officer, said his team provided excellent health care and worked to their limits.

Huber, from Southaven, Miss., also said most illnesses treated were acute.

Locals were also given a short class on preventative medicine to encourage district well-being.

Before the villagers returned home, they were given hygiene items such as toothbrushes, toothpaste and lotion to take back to their families. Solar-powered radios were also handed out so the villagers would be able to listen to their local radio station for information on upcoming village medial outreaches.

The Naw Abad village men have little access to health care, but as the women very rarely leave their compounds, most of them have never seen a physician.

Navy Lt. Michelle M. Lynch, a medical officer with Marine Medium Tiltrotor Squadron 261, 3rd Marine Aircraft Wing, led a female engagement team inside each compound to give the village women much needed health care.

"They are kept away from mainstream culture," Lynch said. "Their needs are easily overlooked."

Lynch noticed a lack of nutrition in pregnant and breast-feeding women while she was conducting the previous outreach, so this time she brought and distributed



Navy Lt. Michelle M. Lynch, flight surgeon medical officer with Marine Meduim Tiltrotor Squadron 261, 3rd Marine Aircraft Wing, I Marine Expeditionary Force (FWD), passes out toys May 15 while conducting a village medical outreach outside Naw Abad, Afghanistan.

packets to the women to help keep them and their children healthy.

two men while she traveled

the compounds. The FET

entertained the children

and interacted with the

women while they were

hygiene items and lotion to

the children before leaving

and members of the ANA

distributed corn seed and fer-

tilizer throughout the district.

Huber said distributing

After completing the medical outreach, Marines

Lynch and members of the FET handed out toys,

waiting to be treated.

each compound.

Assistance Force has an interest in what they do. She was able to look at The ISAF plans to provide 17 women, 18 children and

the International Security medical help around Helmand province to continue to build good relations with the people of Afghanistan.

TOUGH MINDED OPTIMISM by Lou Gerhardt



My ego was really dealt a body blow last Thursday when a lady connected with the radio industry in our High Desert told me she didn't read the local newspapers and knew nothing about my weekly column except for a casual comment from a friend who said I was writing a "little something" that appeared in this newspaper.

Now the fact is that many people tell me daily what they like or don't like about my weekly columns that appear twice a week in the Hi Desert Star in addition to the Desert Trail and the Observation Post.

I have been writing this column for 18 months and I am having a great time.

the corn seed and fertiliz-Carnation Instant Breakfast er shows the local people Presented by Ann Mistal

Afghan National Army Sgt. Maj. Yaseen, a medic from Jalalabad, Afghanistan, checks a child's ears during a village medical outreach May 15 at Naw Abad, Afghanistan.



Town Center Mall 57725 29 Palms Hwy., Yucca Valley, Ca (Across from Applebees) June 19-20, Show Hours: Saturday 9 A.M. - 5 P.M. Sunday 9 A.M. - 4 P.M. Admission fee \$5.00 per person (Children under 10 free) • Free Parking **Contact Information** Ann Mistal or George Mistal (760) 369-GUNS www.grizzlygunshows.org • E-mail beararmsyv@roadrunner.com

Thanks to Cindy Melland and the good people of Hi Desert Publishing I have raised considerable money for my non-profit activities and I have met many wonderful people in Morongo Valley, Yucca Valley, Joshua Tree and Twentynine Palms.

This column is all about maintaining an optimistic attitude even when times and personal experiences are difficult and challenging

I am not Pollyanna-ish. Nor am I Panglossian. (That's a new word I just learned the other day. It means given to stubborn and undue optimism.)

Let me put it this way. I do not believe that every thing happens for the best, but I do believe that something good can come from every thing that happens.

So I hope you will keep reading the column, support my sponsors, and continue to contribute to my non-profit projects.

Dr. Lou can be reached at 760-367-4627 800-995-1620 res19mxc@verizon.net

Combat Center Trader Ads

AUTOMOTIVE

1998 31' COACHMEN 5TH WHEEL RV. Low usage, large slide-out, ducted heat and A/C, queen bed, microwave, propane stove/oven, large fridge, HD radio/CD-satelite ready, move-in equipped. Great condition. \$7,000 to \$7,500. Call Col. Apicella. 822-5884. 5/7/10

1957 NASH EXECUTIVE MODEL PROJECT CAR. Registered, complete engine, \$650 OBO. 5 rims, size 15.6 lug, off-road heavy duty. \$180. OBO. Čall Jose 361-3509. 4/23/10

1963 CHRYLSER 300. 2 door, 413 cui engine with push button transmission not running. \$2,000. Don 830-5581. 4/16/10

1969 CHEVROLET CAPRICE. 454 cui. Not original motor. With TH400. 2 door. Don 830-5581. 4/16/10

2002 CR250R DIRT BIKE. Eline stater, FMF pipe and silencer. Paddle tire for the dunes. Runs very good, hardly \$3,000. 910-3979. riden. 4/9/10

2002 PONTIAC GRAND PRIX GT. Leather interior, loaded, alloy wheels, V-6 3.8L, 77,000 miles. Selling for payoff. \$6,000. Call Dane at 368-9535. 3/26/10

2009 HONDA SHADOW FOR SALE. Great condition, low miles, never dropped. Black with flame pin stripes. \$5,250 OBO. Call Logan. 423-504-6926. 3/12/10

MISC.

TWO PAINT HORSES. For lease or sale. \$225 per month lease. 367-0831. 4/16/10

PINE FOUR DOOR ENTERTAIN-**MENT CENTER.** Holds 32 inch TV. Tall corner unit, chestnut finish. \$100. O.B.O. Contact 368-9535. 3/26/10

19 INCH SONY TRINITRON TV. Silver with remote. Asking \$50 O.B.O. Contact 368-9535. 3/26/10

8 X 20 CONEX BOX. \$1,750. Call 219-2184. 2/12/10

FOOTBALL, BASEBALL AND SCIENCE FICTION CARD COL-LECTION. A huge collection of over 50,000 cards. Mid '80s to mid '90s football and baseball. Star Trek and Star Wars cards. For sale by teams, individual players, sets or the whole collection. Call Stephen 567-7921.3/26/10

> YOUR AD HERE

The deadline for submitting Trader Ads is noon Wednesday, for the upcoming Friday's newspaper.

Trader Ad forms are available at the Public Affairs Office and may be filled out during normal working hours at Bldg. 1417. Ads may also be submitted through e-mail, but will only be accepted from those with an @usmc.mil address.

If you are active duty, retired military or a family member and do not have an @usmc.mil address you can go to the page of the base Web site at: PAO http://www.29palms.usmc.mil /dirs/pao/ and complete a request to publish an ad.

The limitations for ads are: 15-word limit, limit of two ads per household and the Trader may be used

only for noncommercial classified ads containing items of personal property offered by and for individuals authorized to use this service. Such ads must represent incidental exchanged not of sustained business nature.

Ads for housing rentals will not be considered for the Combat Center Trader.

To have a "House For Sale" ad run in the Observation Post, applicants must provide Permanent Change of Station orders and have the ad approved by Base Housing. This ensures the Combat Center Trader is not used for commercial real estate endeavors.

Ads are run on a first-come, first-serve, space available basis. If you have questions please call 830-6213.



WWW.29PALMS.USMC.MIL

WWW.0P290NLINE.COM

SPORTS AND LEISURE

MARINE CORPS AIR GROUND COMBAT CENTER

JUNE 4, 2010

SERVING THE TWENTYNINE PALMS COMMUNITY SINCE 1957



Navy Shark cheerleaders form a basic pyramid to rouse the crowd's excitement during a Marine versus Navy powder puff football game at Felix Field May 27.

Holly Finnesy, a player on the Navy Sharks football team, attempts to power her way through two Marines during a powder puff football game against the Marine Panthers at Felix Field May 27. The annual game resulted in a Marine Panther victory 40-12.

Marines dominate during powder puff game

STORY AND PHOTOS BY PFC. SARAH ANDERSON

Combat Correspondent

The gridiron erupted in fullfledged inter-service rivalry as the Marine Panthers and Navy Sharks battled it out for year-long bragging rights and the trophy during the Combat Center's annual powder puff football game at Felix Field May 27.

A powder puff game is one in which roles are reversed. Women take it to the field while the men take on cheerleading. The game is a great way for the women of the Combat Center to get some competitiveness out of their system, said Tu Tran, the coach for the Panthers.

"It's one of those things, inter-service rivalry; we want to beat the Navy," Tran said. "They love competition."

The Sharks used the game as a fundraiser for their Corpsman Ball later this month, whereas the Marines just came to play for some good, ol' fashioned, rough-n-rumble fun. "We have been practicing twice a week for about a month," Tran said. "We want to win."

The Sharks said they came to represent what they consider to be a strong minority aboard the installation. The Navy is a very small group aboard the Combat Center, and being females we are part of an even smaller group, so this is an awesome chance for us to come out here are represent the Navy, said Sheena

B1

See GAME, B4

SMP amps up summer fun



The Zone The Zone is a hotspot for Marines to relax, socialize, watch movies and



June

The monthly free pizza and bowling at the Sandy Hills Lanes has already past, but the SMP has more events scheduled for the month of June. All SMP events are open to active duty service members with priority space given to single and geo bachelor Marines and sailors. Rally point for all Saturday trips is in front of The Zone. • Tomorrow - Ocean kayaking. SMP will head out at 8 a.m.

- Cost is \$25. • June 12 - Mini-NASCAR. Participants will depart at 8 a.m. Cost is \$35.
- June 16 Desert Mail Call. The SMP will start packing for their next shipment at 4 p.m. Care packages will be sent out June 18 at 8 a.m.
- June 19 Disneyland. Participants will depart at 7 a.m. Cost is \$68.
- June 26 Raging Waters. Participants will depart at 7 a.m. Cost is \$25.

July

All SMP events are open to active duty service members with priority space given to single and geo bachelor Marines and sailors. Rally point for all Saturday trips is in front of The Zone.

• July 3 – All-you-can-eat Six Flags BBQ. Participants will depart at 7

a.m. Cost is \$35.
July 3 – Free pizza and bowling. The event will be at the Sandy Hills Lanes starting at 7 p.m.

July 9-11 – Las Vegas road trip. Participants will depart at noon. Cost is \$310 and includes a twonight stay at a hotel and the Blue Man Group tickets.
July 17 – Raging Waters is scheduled for

Saturday. Participants will depart at 7 a.m. Cost of the trip is \$25.

• July 21 – Desert Mail Call. The SMP will start packing for their next shipment at 4 p.m. Care packages will be sent out July 23 at 8 a.m.

 July 24 - ComicCon.
 SMP will host its first ComicCon, starting at 12:30 p.m. Participants are encouraged to dress up as their favorite comic hero and help solve a mystery.

For more information visit http://www.mccs29palms.com. To sign up for a trip, call 830-4767. play video games Friday through Saturday 10 a.m. to midnight and Sunday through Thursday 10 a.m. to 10 p.m. The Zone has a 100 percent ID check policy at the front counter for service members in civilian clothing. The Zone features include:

• The Core gaming area with more than 30 games available

• Four TVs for game systems and video games

- Movie theater-style seating with hundreds of movies to choose from
- Two foosball and ping-pong tables.
- Five billiard tablesDance DanceRevolution and other
- arcade gamesSnacks and drinks available at the front

counter
Free shuttle bus

program

The Single Marine Program provides a free shuttle bus program available for Marines and sailors. The shuttle route features stops at the Commissary, Main Exchange, food establishments aboard the Combat Center or just back to the barracks. Keep an eye out for the buses with "Single Marine Program" written across the sides.

CPL. MONICA C. ERICKSON

Women race through an intense part of a spin class at the East Gym and Fitness Center Wednesday. Spin is one of the many classes available through the Aerobics Program aboard the Combat Center.

Aerobics program keeps Combat Center families on healthy track



CPL. MONICA C. ERICKSON

Trisha Kelly, an aerobics instructor, leads a group of women through a power yoga class at the Community Center Wednesday. Power yoga is one of many aerobics classes available to the Combat Center community through the Aerobics Program.

CPL. MONICA C. ERICKSON

Combat Correspondent

Music reverberated throughout the gym as sweaty riders cycled their way through miles of calories during a spin class offered through the Marine Corps Community Services' Aerobics Program.

The program offers a wide range of classes nearly every day of the week, including classes for new mothers such as mommy and baby, and stroller class. Other classes include step, spin, muscle mania, Pilates, stability ball, power yoga, Zumba, kickboxing and water aerobics.

"The program is a great way to get yourself into a healthy lifestyle," said Yvonne Warfield, the aerobics coordinator for the Combat Center. "It is a great way to relieve stress and start your day off right."

The East and West Gym and Fitness Centers, the



Combat Center Clubs

Excursions Enlisted Club

Fridays: Salsa dancing, 7 to 8 p.m., ladies' night, 8 to 10 p.m. and DJ Vlad, 8 to 11 p.m. Saturdays: Variety Night with DJ Bones 8 to 11 p.m. Wednesdays: DJ Gjettblaque, 8 to 10 p.m.

Bloodstripes NCO Club

Mondays: Free chicken nuggets/nacos, 5:30 to 7:30 p.m. Wednesdays: Free, Italian sausage with peppers, onions and green salad.

Hashmarks 29 SNCO Club

Fridays: DJ at 8 p.m. to 1 a.m. All Hands Lunch, Monday-Friday, 10:30 a.m. to 1:30 p.m. Mondays: Steak Night, 5 to 8 p.m. Wednesdays: Karaoke, 5 to 7 p.m.

Combat Center's Officers' Club

Lunch served Monday-Friday, from 11 a.m. to 1 p.m. Mondays: Steak night, 5 to 8 p.m.

For complete calendars, visit http://www.mccs29palms.com.

Local Events

Twentynine Palms Street Fair and Car Show

Description: A showcase of custom and classic vehicles When: 6 to 10 p.m., Friday, June 4 Where: Twentynine Palms Chamber of Commerce 73491 Twentynine Palms Highway, Twentynine Palms For more information call 367-3445 or visit http://www.29chamber.org.

Miguel Garcia and The Varitones

Description: Self described as a Baja-Western band When: 8 p.m., Friday, June 4 **The Sadies with Tim Easton** Description: An alternative country/rock band When: 8 p.m., Saturday, June 5 Where: Pappy and Harriet's 53688 Pioneertown Road, Pioneertown For more information call 365-5956 or visit http://www.pappyandharriets.com.

Joshua Tree Certified Farmers Market

Description: An open air market with fresh produce When: 8 a.m.-1 p.m., every Saturday Where: Turtle Island; Twentynine Palms Highway in downtown Joshua Tree.

Movies in the Park "Imagine That"

Description: Free movies shown at Luckie Park When: Nightfall, approx. 8 p.m. Thursday, June 10 Where: Luckie Park at the corner of Two Mile Road and Utah Trail, next to the racquet ball courts. For more information call the Recreation Department at 367-7562.

More is less in 'Robin Hood' remake

NEIL POND

American Profile

"Robin Hood" Rated PG-13

The Olde English folk icon Robin Hood has been romanticized in song, dramatized in print and depicted by some of Hollywood's most dashing leading men throughout the years, including Errol Flynn, Sean Connery and Kevin Costner.

Russell Crowe is the latest actor to step into the big-screen boots of the Prince of Thieves, fabled since medieval times for robbing from the rich to give to the poor.

Was there was ever a real-life person with that name, or even resembling the character? That's debatable. But the new "Robin Hood" posits him in the historical context of England circa 1100 for this back-story tale about how Robin became a heroic hood.

We meet Robin, aka Robert Locksley, as an archer in the service of King Richard the Lionheart, now driving his tired and tattered army home after spending 10 years and most of his homeland's resources on the Crusades.

The king's death during an attempted castle siege begins Locksley's transformation into a crusading woodland warrior with a quiver full of bad news for bad guys, which in this case includes a prissy



Russell Crowe is the latest actor to take on the fabled medieval task of robbing from the rich to give to the poor.

plotter, various murderous minions and a beach full of pesky invading Frenchmen.

Yes, this Robin Hood has his hands full – even more so after he comes across a damsel in distress, the resourceful maiden Marion Locksley, played by Cate Blanchett.

Ten years ago, Crowe made another big-budget blockbuster about a former soldier who squared off with a monarch, and that movie made him a household name and a superstar. The long shadow of "Gladiator" looms large over "Robin Hood," not just because both depict brawling, brawny lead characters in historical settings, one with a broadsword and the other with a bow and the same director, Ridley Scott, who seems like he's trying to "out-Gladiator" himself here, with more of practically everything: more plot, more characters, more star power (award-winning actors Max von Sydow and William Hurt bring a somber "Masterpiece Theater" vibe) and more action.

But sometimes more is less, and "Robin Hood" sags from its bloat. It's overly long, overly complicated, overly staged and, in far too many scenes, awash with British-burr grunts, whispers and growls as part of a bombastic sound mix that over-amps every whisking arrow, every crackling fire, every horse clop. It's a strain just trying ing, who's who and what's being said.

COURTESY PHOTO

The grand vistas of lush British Isles scenery, and Scott's knack for showing the muddy, messy details of life in the 12th century, make it a handsome enough spectacle. But it all comes across as a heavyhanded hodgepodge, too weighted down with its blockbuster pedigree to be as much pure fun as it might have been.

Hollywood sometimes forgets a good, solid story doesn't have to be a spectacle that takes itself so seriously. Walt Disney certainly got it. Just look at his 1973 adaptation of Robin Hood. It was a cartoon, Robin was a fox, and you could understand him

Lower Desert

Donna Summer

Description: The disco star performs her hits When: 8 p.m., Saturday, June 19 Where: Fantasy Springs Resort Casino 84-245 Indio Springs Parkway, Indio For more information call 800-827-2946 or visit http://www.fantasyspringsresort.com.

The comedy of Howie Mandel

Description: Television show host and comedian performs When: 8 p.m., Saturday, June 26 Where: Morongo Casino Resort and Spa 49500 Seminole Drive, Cabazon For more information call 800-252-4499 or visit http://www.morongocasinoresort.com.

Bad Company

Description: The rock 'n' roll stars perform their hits When: 8 p.m., Friday, July 16 Where: Fantasy Springs Resort Casino 84-245 Indio Springs Parkway, Indio For more information call 800-827-2946 or visit http://www.fantasyspringsresort.com.

Jay Leno

Description: Tonight show host performs stand up When: 8 p.m., Saturday, June 12 Where: Agua Caliente 32-250 Bob Hope Drive, Rancho Mirage For more information call 888-999-1995 or visit http://hotwatercasino.com.

Sunset Cinema

Friday, June 4

6 p.m. – Why Did I Get Married Too?, PG-13 9 p.m. - Clash of the Titans, Rated PG-13 Midnight – Kick -*ss, Rated R Saturday, June 5 11 a.m. - Free Matinee, Shrek, Rated PG 2 p.m. - Date Night, Rated PG-13 6 p.m. – Back Up Plan, PG-13 9 p.m. - The Losers, Rated PG-13 Midnight - Death at a Funeral, Rated R Sunday, June 6 2 p.m. - Furry Vengeance, Rated PG 6 p.m. - Clash of the Titans, Rated PG-13 9 p.m. - Nightmare on Elm Street, Rated R Monday, June 7 6 p.m. – Kick -*ss, Rated R **Tuesday, June 8** 7 p.m. - Date Night, Rated PG-13 Wednesday, June 9 7 p.m. - Clash of the Titans, Rated PG-13 Thursday, June 10 7 p.m. - Why Did I Get Married Too?, PG-13

British tyrant, a traitorous

arrow. Both movies share





Fares from 29 PalmsOne-way Regular Fare\$20.00Round Trip Regular Fare\$25.00For more information call
MBTA Customer Service at
760-366-2395.\$26.00

The Reliable, Easy and Economical Way to Go! to follow what's happen- when he talked.



COURTESY PHOTO

Robin Hood has his hands full – even more so after he comes across a damsel in distress, the resourceful maiden Marion Locksley, played by Cate Blanchett.



Intramural softball standings

WINS LOSSES

1

1

2

2

3 3

3

4

5

6

6

8

6 7

7

9

11

9

10

11

10

9

10

10

9

3

2

3

Combat Center Sports



Hospital player Marc Maxwell prepares to hit a long ball down cen-

terfield during a Commanding General's Intramural Softball game

against 374 #2 Wednesday at Felix Field.



ATG 9 **PMO** MCCES C Co. 6 Mojave Viper 5 AAV IPAC MCCES White 3rd LAR CLB-7 MCTOG

MCCES Maint

374 #2

CMA

Dental

Hospital

TEAM

3/11

ESD

Tanks

374 #1

MCCES Red

U

Hospital first baseman Eric Vaught catches the ball as Jessie Dewitt, a runner for 374 #2, also known as Mad Dogs, runs across the base during a Commanding General's Intramural Softball game Wednesday at Felix Field.

ANCE	CPL.	ANDREW	D. TH	ORBU	RN



PFC. SARAH ANDERSON

Mike Muller, a player for the HQBN team, attempts to score, but is shut down by goal keeper AJ Wilson, a player for CLB-7 during a Commanding General's Intramural Soccer League game at Felix Field Wednesday. The game ended in a tie, but CLB-7 ultimately won in a sudden-death shootout.

Intramural soccer standings								
TEAM	WINS	LOSSES						
MCCES	2	0						
CLB-7	2	1						
HQBN	1	1						
MWSS-374	0	1						
1st Tanks	0	2						
NHTP	0	1						



PFC. SARAH ANDERSON

Daniel Martinez, a player for the HQBN team, attempts to control the ball during a Commanding General's Intramural Soccer League game against CLB-7 at Felix Field Wednesday. The game ended with CLB-7's victory in a sudden-death shootout 7-6.

Athlete of the Week



Name: Jessie Dewitt Hometown: Brownsburg, Ind. **Unit:** Marine Wing Support Squadron 374 Job title: Engineer equipment chief **Recognition:** "Most Valuable Player" for the 374 #2 team Favorite aspect of the sport: "Having fun." Advice for aspiring players: "It's all about having fun."

<u>i'Save</u> Local Coupons!



GAME, from B1

Hayes, the quarterback for the Sharks.

In the heat of friendly competition, the Marine Panthers jokingly talked up their game before the kick-off. Marine Irina Jones commented, "BAS [battalion aid station] is

PFC. SARAH ANDERSON

Kayla Erianne, a player on the Marine Panthers powder puff football team, dives to save the ball during game against the Navy Sharks at Felix Field May 27.

going to be full in the morning."

However, the Navy Sharks were prepared with their own battery of remarks.

"If we injure them, we have to deal with them in our clinic on Wednesday ...that's what happened last year," countered Navy player Kameryn Hughes. With neither team able

to claim home field advantage, it started out as anybody's game. However, the Sharks'

bravado proved to be a false front as soon as the coin was tossed. A combination of aggressive, wellexecuted plays and quick thinking kept the Panthers leading the scoreboard.

The Sharks made a minor attempt at a comeback during the third quarter, but by then, it was too late. The Panthers clamed victory 40-12.

Sergio Romero, the Sharks coach, said he believes this game is an important event the girls look forward to every year. Tran added he looks at

the powder puff game as an opportunity for the girls to showcase their talent on their own stage.

"It's a great way for the girls to learn [traditionally] male sport," Tran said, "They watch it, and they [normally] don't get to play it in an organized fashion."

The sailors also stay excited for the powder puff game all year, Hughes said.

"This is probably, for the females at the hospital, one of the most fun things we do all year," Hughes said.

AEROBICS, from B1

Community Center and the Family and Officers' Pools are all used for various classes. Units can also request a training session in any of the



CPL. MONICA C. ERICKSON

classes throughout the week.

Warfield said many

Marines prefer using the

Aerobics Program because

they are a lot more fun than a

regular run, which makes the

unit as a whole more willing

Nickie Dietz keeps a steady pace during a spin class Wednesday morning at the East Gym and Fitness Center. Spin, power yoga, Pilates, kickboxing and dance Zumba are a few of the aerobics classes available aboard the Combat Center. to put forth an effort during physical training.

"Sometimes we get guys out here who think a certain class is going to be easy, but once they do it, they find it a lot more difficult than they thought," said Warfield, a San Fernando Valley, Calif., native. "Those guys always leave with a new-found appreciation for what we do."

Nickie Dietz, who participates in the spin class three times a week, said the whole program is awesome, but is especially impressed with the spin class.

"It's great to be able to come out here and burn a high amount of calories in only a little bit of time," said Dietz, from San Antonio.

Heather Mitchell, who leads a spin class, said her class was great for everyone because it was based on how the cyclists rate their own strength on a one-to-ten scale.

"When I say go to a six, there isn't a set number on the bike," Mitchell said. "It is all what you perceive your six is. So my six is going to be completely different from [others']."

For more information about the program or to schedule a session for unit PT, contact Warfield at 830-3381. To view the aerobics calendar, visit http://www.mccs29palms .com/calendars/aerobics.html.



(760) 367-1919 • FAX (760) 367-4430

0% FINANCING FOR SELECT MILITARY PERSONNEL

